

Weekly Menu



Week of Jan 30th to Feb. 3rd

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trail Mix & Pineapple Juice	Grilled Cheese Sandwiches & water	Cheerios & CranGrape Juice	Ritz Crackers & Apple Sauce	Oatmeal & Milk
Lunch	Fish Sticks Rice & Mixed Veggies Cantaloupe & Milk	Beef/chicken and Veggie Soup Saltine Crackers Melon & Milk	Chili Con Carne Tortilla Chips Corn Oranges & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk
PM Snack	CranGrape Juice & Wheat Thins	Animal Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

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Week of Feb 6th to Feb.10th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cereal & Milk	Waffles & Orange Juice	Saltine crackers & Apple Juice	Pancakes & Juice	Flour Tortillas W/ Butter & Juice
Lunch	Macaroni N' Cheese Green Beans Apple Sauce & Milk	Quesadilla Corn Cantaloupe & Milk	Grilled Cheese Sandwich Carrots w/Dip Pears & Milk	Chicken Nuggets Rice Mixed Vegetables Apples & Milk	Spaghetti W/meat Sauce Green Beans Peaches & Milk
PM Snack	Cheez it & CranGrape Juice	Trail Mix & Fresh Fruit	Oranges & Goldfish Crackers	Ritz Crackers & Peaches	Wheat Thins & Apples

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Items highlighted in yellow are classroom cooking activities

Weekly Menu



Week of Feb. 13th to Feb. 17th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Animal crackers & Milk	Oatmeal & Milk	Graham Crackers & Apple Juice	Trail Mix & CranGrape Juice	Quesadillas & Orange Juice
Lunch	Chicken Noodle Soup w/ Vegetables Crackers Apples & Milk	Fish Sticks Rice w/ broccoli Apple Sauce & Milk	Sloppy Joes Carrots w/dip Fruit Cocktail & Milk	Chili Con Carne Chips Corn Oranges & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk
PM Snack	Wheat Thins & Juice	Sugar cookies and Milk	Trail Mix & Fresh Fruit	Melon & Ritz Crackers	Cheese & Saltine Crackers

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Week of Feb. 20th to Feb. 24th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	School Closed	Cheese & Saltine Crackers	Cinnamon Toast & Apple Juice	Cheerios & CranGrape Juice	Pancakes & milk
Lunch	School Closed President's Day	Meat Loaf Mashed Potatoes Peas N' Carrots Fruit Cocktail & Milk	Spaghetti W/ meat Sauce Green Beans Pears & Milk	Chicken Nuggets Tator Tots Broccoli w/ dip Oranges & Milk	Ground Beef w/ broccoli Mashed Potatoes Peaches & Milk
PM Snack	School Closed	Cheerios & Fresh Fruit	Chocolate Milk & Animal Crackers	Ritz Crackers & Peaches	Trail Mix & Melon

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Weekly Menu



Week of Feb 27th to March 2nd

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Oatmeal & Milk	Ritz Crackers & Apple Juice	Trail Mix & Pineapple Juice	Cheerios & CranGrape Juice	Grilled Cheese Sandwich & Apple Juice
Lunch	Pizza Salad Pears & Milk	Beef, rice, and Vegetable Stew Crackers Apples & Milk	Sloppy Joes Baby Carrots w/ dip Fruit Cocktail & Milk	Lasagna Peas Fruit Cocktail & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk
PM Snack	Chex Cereal & Juice	Graham Crackers & Cream Cheese	Banana Milk Shake & Animal Crackers	Wheat Thins & Juice	Cheez It Crackers & Juice

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Week of March 5th to March 9th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cereal & Bananas	Toasted English Muffin w/ jelly & Apple Juice	Wheat Thins & Orange Juice	Trail Mix & Pineapple Juice	Oatmeal & Milk
Lunch	Quesadillas Mixed Veggies Apples & Milk	Turkey and Cheese Sandwiches Celery Sticks w/Dip Oranges & Milk	Teriyaki Chicken Rice w/ Mixed Vegetables Pineapple & Milk	Macaroni N' Cheese Salad Pears & Milk	Chicken Nuggets Tator Tots Baby carrots w/dip Oranges & Milk
PM Snack	Graham Crackers & Fresh Fruit	Cheese & Crackers	Chex Cereal & Oranges	Ritz cackers & Fresh Fruit	Apples & Wheat Thins

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Weekly Menu

Week of March 12th to March 16th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Oatmeal & Milk	Cheerios & Oranges	Graham Crackers & Cream Cheese	Wheat thins & Apple Juice	Flour Tortillas w/ butter & CranGrape Juice
Lunch	Meat Loaf Mashed Potatoes Green Beans Melon & Milk	Grilled Cheese Sandwiches Salad Apples & Milk	Macaroni and Beef Peas N' Carrots Pears & Milk	Beef, rice, and Vegetable Stew Crackers Apples & Milk	Chili Con Carne Tortilla Chips Oranges & Milk
	Goldfish Crackers & Juice	Ritz Crackers & Peaches	Apple Sauce & Ritz Crackers	Trail Mix & Juice	Cheese & Saltine crackers

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Week of March 19th to March 23rd

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Animal Crackers & Orange Juice	Waffles & CranGrape Juice	Oatmeal & Milk	Cheerios & Apple Juice	Wheat Thins & Fresh Fruit
Lunch	Lasagna Peas Fruit Cocktail & Milk	BBQ Chicken Rice Mixed Veggies Peaches & Milk	Spaghetti w/ Meat sauce Green Beans Apples Sauce & Milk	Fish Sticks Mashed Potatoes Carrots w/dip Cantaloupe & Milk	Chicken Noodle Soup w/crackers & Mixed Vegetables Apples & Milk
PM Snack	Wheat Thins & Juice	Trail Mix & Fresh Fruit	Cheerios Raisins & CranGrape Juice	Pretzel & Orange Juice	Animal Crackers & Apple Juice

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Week of March 26th to March 30th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cheerios Raisins & CranGrape Juice	Toast w/Butter Apple Juice	Goldfish Crackers & Pineapple Juice	Animal Crackers & Milk	Pancakes & Juice
Lunch	Baked Chicken Mashed Potatoes Peas Peaches & Milk	Beef, noodle Soup w/crackers Mixed Veggies Peaches & Milk	Meat Loaf Mashed Potatoes Green Beans Melon & Milk	Fish Sticks Rice w/ Broccoli Apples & Milk	Grilled Cheese Sandwich' Broccoli w/dip Pineapple & Milk
PM Snack	Graham Crackers & Milk	Saltine Crackers & Cheese	Cheerios & Fresh Fruit	Apple Sauce & Ritz Crackers	Banana Milk Shake & Animal Crackers

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Week of April 2nd to April 6th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trial Mix & Apple Juice	Quesadillas & CranGrape Juice	Bananas & Ritz Crackers	Oatmeal & Milk	Orange Juice & Cheerios
Lunch	Lasagna Green Beans Pears & Milk	Sloppy Joes Carrots w/dip Pineapple & Milk	Chili Con Carne Tortilla Chips Corn Oranges & Milk	Chicken Nuggets Tator Tots Carrots Sticks w/ Dip Peaches & Milk	Teriyaki Chicken White Rice Mixed Vegetables Pineapple & Milk
PM Snack	Chex Cerial & Apples	Cheez It Crackers & Pineapple Juice	Trial Mix & Fresh Fruit	Apple Sauce & Ritz Crackers	Goldfish Crackers & Juice

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Week of April 9th to April 13th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Goldfish Crackers & Apple Juice	Oatmeal & Milk	Cheerios & Orange Juice	Chex Cereal & Fresh Fruit	Flour Tortilla w/ butter & CranGrape Juice
Lunch	Pizza Salad Pears & Milk	Beef Soup w/ noodles & Vegetables Crackers Pears & Milk	"Make Your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Teriyaki Chicken White Rice Mixed Vegetables Pineapple & Milk	Grilled Cheese Sandwich' Broccoli w/dip Pineapple & Milk
PM Snack	Chex Cereal & Fresh Fruit	Animal Crackers & Apple Juice	Graham Crackers & Bananas	Fresh Fruit & Cheerios	Saltine Crackers and Cheese

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Week of April 16th to April 20th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Fresh Fruit & Animal Crackers	Apple Sauce & Ritz Crackers	Pancakes & CranGrape Juice	Waffles & Orange Juice	Ritz Crackers & Fruit
Lunch	Turkey and Cheese Sandwich Baby Carrots Pears & Milk	Chicken, rice and Veggie Soup Saltine Crackers Apples & Milk	Lasagna Breen Beans Apples & Milk	Ground Beef W/ Broccoli Mashed Potatoes Peaches & Milk	BBQ Chicken Rice Mixed Veggies Peaches & Milk
PM Snack	Trail Mix & Apple Juice	Cheez-it Crackers & Pineapple Juice	Cheese & Saltine Crackers	Cantaloupe & Ritz Crackers	Cheerios & Fresh Fruit

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Week of April 23rd to April 27th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trail Mix & Juice	Oatmeal & Milk	Ritz Crackers & Fruit	Chex mix & Juice	Cinnamon Toast & Orange Juice
Lunch	Macaroni and Beef Green Beans Pears & Milk	Teriyaki Chicken Rice with veggies Pineapple & Milk	Meat Loaf Mash Potatoes Peas N' Carrots Pears & Milk	Quesadilla Corn Cantaloupe & Milk	Pizza Salad Pears & Milk
PM Snack	Apple Sauce & Ritz Crackers	Wheat Thins & Juice	Graham crackers & Bananas	Cheese & Saltine crackers	Cheerios & Fresh Fruit

3

Week of April 30th to May 4th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trail Mix & Juice	Bagel & Cream Cheese	Toast & Butter & Fruit	Waffles & Orange Juice	Animal Crackers & Milk
Lunch	Grilled Cheese Sandwiches Carrots Pineapples & Milk	Sloppy Joes Corn Apples & Milk	BBQ Chicken Rice Mixed Veggies Peaches & Milk	Chicken Nuggets Tator Tots Green Beans Oranges & Milk	Ground Beef W/ Broccoli Mashed Potatoes Peaches & Milk
PM Snack	Cheese & Saltine crackers	Graham Crackers & Milk	Cheerios & Fresh Fruit	Apple Sauce & Ritz Crackers	Wheat Thins & Juice

4

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