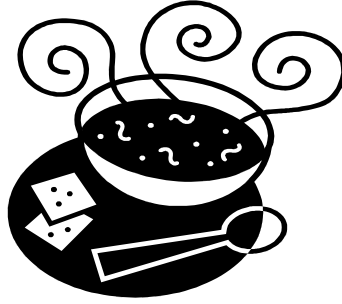


Weekly Menu



Week of July 16th to July 20th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Animal crackers & Milk	Oatmeal & Milk	Graham Crackers & Apple Juice	Trail Mix & CranGrape Juice	Quesadillas & Orange Juice
Lunch	Chicken Noodle Soup w/ Vegetables Crackers Apples & Milk	Fish Sticks Rice w/ broccoli Apple Sauce & Milk	Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk	Chili Con Carne Chips Corn Oranges & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk
PM Snack	Wheat Thins & Juice	Sugar cookies and Milk	Trail Mix & Fresh Fruit	Melon & Ritz Crackers	Cheese & Saltine Crackers

1

Week of July 23rd to July 27th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Graham Crackers & Apple Juice	Cheese & Saltine Crackers	Cinnamon Toast & Apple Juice	Cheerios & CranGrape Juice	Pancakes & milk
Lunch	Chicken Noodle Soup w/ Vegetables Crackers Apples & Milk	Meat Loaf Mashed Potatoes Peas N' Carrots Fruit Cocktail & Milk	Spaghetti W/ meat Sauce Green Beans Pears & Milk	Chicken Nuggets Tator Tots Broccoli w/ dip Oranges & Milk	Ground Beef w/ broccoli Mashed Potatoes Peaches & Milk
PM Snack	Trail Mix & Fresh Fruit	Cheerios & Fresh Fruit	Chocolate Milk & Animal Crackers	Ritz Crackers & Peaches	Trail Mix & Melon

Items highlighted in yellow classroom cooking activities

Weekly Menu



Week of July 30th to August 3rd

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Oatmeal & Milk	Ritz Crackers & Apple Juice	Trail Mix & Pineapple Juice	Cheerios & CranGrape Juice	Grilled Cheese Sandwich & Apple Juice
Lunch	Pizza Salad Pears & Milk	Beef, rice, and Vegetable Stew Crackers Apples & Milk	Sloppy Joes Baby Carrots w/ dip Fruit Cocktail & Milk	Lasagna Peas Fruit Cocktail & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk
PM Snack	Chex Cereal & Juice	Graham Crackers & Cream Cheese	Banana Milk Shake & Animal Crackers	Wheat Thins & Juice	Cheeze It Crackers & Juice

3

August 6th to August 10th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cereal & Bananas	Toasted English Muffin w/ jelly & Apple Juice	Wheat Thins & Orange Juice	Trail Mix & Pineapple Juice	Cinnamon Toast & Apple Juice
Lunch	Quesadillas Mixed Veggies Apples & Milk	Turkey and Cheese Sandwiches Celery Sticks w/Dip Oranges & Milk	Teriyaki Chicken Rice w/ Mixed Vegetables Pineapple & Milk	Macaroni N' Cheese Salad Pears & Milk	Chicken and Veggie Soup Saltine Crackers Melon & Milk
PM Snack	Graham Crackers & Fresh Fruit	Cheese & Crackers	Chex Cereal & Oranges	Ritz cackers & Fresh Fruit	Apples & Wheat Thins

4

Items highlighted in yellow classroom cooking activities

Weekly Menu



Week of August 13th to Aug 17th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Graham Crackers & Cream Cheese	Pancakes & Juice	Trail Mix & Orange Juice	Cheerios & Apple Juice	Flour Tortillas w/ butter & Juice
Lunch	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Carrots w/dip Oranges & Milk	Chili Con Carne Tortilla Chips Corn Oranges & Milk	Meat Loaf Mash Potatoes Peas N' Carrots Pears & Milk	Chicken Nuggets Tator Tots Green Beans Oranges & Milk	Baked Chicken Mashed Potatoes Peas Melon & Milk
PM Snack	Goldfish Crackers & Juice	Pretzels & Cheese	Ritz crackers & Apple Juice	Juice & Saltine Crackers	Milk & Animal Crackers

3

Week of August 20th to August 24th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Ritz Crackers & Fruit	Cinnamon Toast & Juice	Bagel & Cream Cheese	Animal Crackers & Milk	Waffles & Orange Juice
Lunch	Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk	Sloppy Joes Corn Apples & Milk	BBQ Chicken Rice Mixed Veggies Peaches & Milk	Macaroni N' Cheese Green Beans Apples & Milk	Ground Beef W/ Broccoli Mashed Potatoes Peaches & Milk
PM Snack	Cheese & Saltine crackers	Graham Crackers & Milk	Ice Cream Social	Ice Cream Social	Wheat Thins & Juice

4

Weekly Menu



Week of August 27th to Aug. 31st

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trail Mix & Pineapple Juice	Grilled Cheese Sandwiches & water	Cheerios & CranGrape Juice	Oatmeal & Milk	Ritz Crackers & Apple Sauce
Lunch	Fish Sticks Rice & Mixed Veggies Cantaloupe & Milk	Lasagna Salad Peaches & Milk	Beef and Veggie Soup Saltine Crackers Melon & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	CranGrape Juice & Wheat Thins	Animal Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

5

Week of Sept. 3rd to Sept. 7th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	SCHOOL CLOSED	Waffles & Orange Juice	Saltine crackers & Apple Juice	Pancakes & Juice	Flour Tortillas W/ Butter & Juice
Lunch	LABOR DAY SCHOOL CLOSED	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Grilled Cheese Sandwich Carrots w/Dip Pears & Milk	Chicken Nuggets Rice Mixed Vegetables Apples & Milk	Spaghetti W/meat Sauce Green Beans Peaches & Milk
PM Snack	SCHOOL CLOSED	Trail Mix & Fresh Fruit	Oranges & Goldfish Crackers	Ritz Crackers & Peaches	Wheat Thins & Apples

6

Weekly Menu



Week of Sept. 10th to Sept. 14th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Animal crackers & Milk	Graham Crackers & Apple Juice	Oatmeal & Milk	Quesadillas & Orange Juice	Trail Mix & CranGrape Juice
Lunch	Chicken Noodle Soup w/ Vegetables Crackers Apples & Milk	Chili Con Carne Chips Corn Oranges & Milk	Sloppy Joes Carrots w/dip Fruit Cocktail & Milk	Fish Sticks Rice w/ broccoli Apple Sauce & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk
PM Snack	Wheat Thins & Juice	Pineapple Juice & Crackers	Trail Mix & Fresh Fruit	Melon & Ritz Crackers	Cheese & Saltine Crackers

1

Week of Sept. 17th to Sept. 21st

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cereal & Milk	Cheese & Saltine Crackers	Cinnamon Toast & Apple Juice	Cheerios & Crangrape Juice	Pancakes & milk
Lunch	Macaroni N' Cheese Green Beans Apple Sauce & Milk	Meat Loaf Mashed Potatoes Peas N' Carrots Fruit Cocktail & Milk	Spaghetti W/ meat Sauce Green Beans Pears & Milk	Chicken Nuggets Tator Tots Broccoli w/ dip Oranges & Milk	Ground Beef w/ broccoli Mashed Potatoes Peaches & Milk
PM Snack	Cheez it & CranGrape Juice	Cheerios & Fresh Fruit	Chocolate Milk & Animal Crackers	Ritz Crackers & Peaches	Trail Mix & Melon

Weekly Menu



Week of Sept. 24th to Sept. 28th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cheerios & CranGrape Juice	Oatmeal & Milk	(Fall picture day) Trail Mix & Pineapple Juice	(Fall picture day) Ritz Crackers & Apple Juice	Grilled Cheese Sandwich & Apple Juice
Lunch	Pizza Salad Pears & Milk	Beef, rice, and Vegetable Stew Crackers Apples & Milk	Sloppy Joes Baby Carrots w/ dip Fruit Cocktail & Milk	Lasagna Peas Fruit Cocktail & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk
PM Snack	Chex Cereal & Juice	Graham Crackers & Cream Cheese	Banana Milk Shake & Animal Crackers	Wheat Thins & Juice	Cheez It Crackers & Juice

3

Week of Oct. 1st to Oct 5th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cereal & Bananas	Wheat Thins & Orange Juice	Toasted English Muffin w/ jelly & Apple Juice	Oatmeal & Milk	Trail Mix & Pineapple Juice
Lunch	Quesadillas Mixed Veggies Apples & Milk	Turkey and Cheese Sandwiches Celery Sticks w/Dip Oranges & Milk	Teriyaki Chicken Rice w/ Mixed Vegetables Pineapple & Milk	Macaroni N' Cheese Salad Pears & Milk	Chicken Nuggets Tator Tots Baby carrots w/dip Oranges & Milk
PM Snack	Graham Crackers & Fresh Fruit	Cheese & Crackers	Chex Cereal & Oranges	Ritz cackers & Fresh Fruit	Apples & Wheat Thins

4

Weekly Menu



Week of Oct. 8th to Oct 12th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Graham Crackers & Cream Cheese	cheese & crackers	Oatmeal & Milk	Wheat thins & Apple Juice	Flour Tortillas w/ butter & CranGrape Juice
Lunch	Meat Loaf Mashed Potatoes Green Beans Melon & Milk	Grilled Cheese Sandwiches Salad Apples & Milk	Macaroni and Beef Peas N' Carrots Pears & Milk	Beef, rice, and Vegetable Stew Crackers Apples & Milk	Chili Con Carne Tortilla Chips Oranges & Milk
	Goldfish Crackers & Juice	Ritz Crackers & Peaches	Apple Sauce & Ritz Crackers	Trail Mix & Juice	Cheese & Saltine crackers

5

Week of Oct 15th to Oct. 19st

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Animal Crackers & Orange Juice	Waffles & CranGrape Juice	Oatmeal & Milk	Cheerios & Apple Juice	Wheat Thins & Fresh Fruit
Lunch	Lasagna Peas Fruit Cocktail & Milk	BBQ Chicken Rice Mixed Veggies Peaches & Milk	Spaghetti w/ Meat sauce Green Beans Apples Sauce & Milk	Fish Sticks Mashed Potatoes Carrots w/dip Cantaloupe & Milk	Chicken Noodle Soup w/crackers & Mixed Vegetables Apples & Milk
PM Snack	Wheat Thins & Juice	Trail Mix & Fresh Fruit	Cheerios Raisins & CranGrape Juice	Pretzel & Orange Juice	Animal Crackers & Apple Juice

6

Weekly Menu



Week of Oct 22nd to Oct 26th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cheerios Raisins & CranGrape Juice	Toast w/Butter Apple Juice	Goldfish Crackers & Pineapple Juice	Animal Crackers & Milk	Orange Juice & Cheerios
Lunch	Baked Chicken Mashed Potatoes Peas Peaches & Milk	Beef, noodle Soup w/crackers Mixed Veggies Peaches & Milk	Meat Loaf Mashed Potatoes Green Beans Melon & Milk	Fish Sticks Rice w/ Broccoli Apples & Milk	Grilled Cheese Sandwich' Broccoli w/dip Pineapple & Milk
PM Snack	Graham Crackers & Milk	Saltine Crackers & Cheese	Cheerios & Freish Fruit	Apple Sauce & Ritz Crackers	Banana Milk Shake & Animals Crackers

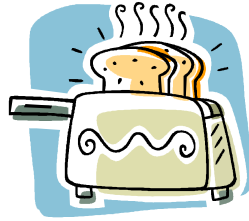
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Week of Oct 29th to Nov 2nd

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trial Mix & Apple Juice	Quesadillas & CranGrape Juice	Bananas & Ritz Crackers	Oatmeal & Milk	Orange Juice & Cheerios
Lunch	Lasagna Green Beans Pears & Milk	Sloppy Joes Carrots w/dip Pineapple & Milk	Chili Con Carne Tortilla Chips Corn Oranges & Milk	Chicken Nuggets Tator Tots Carrots Sticks w/ Dip Peaches & Milk	Teriyaki Chicken White Rice Mixed Vegetables Pineapple & Milk
PM Snack	Chex Cerial & Apples	Cheez It Crackers & Pineapple Juice	Trial Mix & Fresh Fruit	Apple Sauce & Ritz Crackers	Goldfish Crackers & Juice

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Weekly Menu



Week of Nov. 5th to Nov. 9th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Oatmeal & Milk	Cereal & Orange Juice	Goldfish Crackers & Apple Juice	Flour Tortilla w/ butter & CranGrape Juice	Fresh Fruit & Animal Crackers
Lunch	Beef Soup w/ noodles & Vegetables Crackers Pears & Milk	Ground Beef W/ Broccoli Mashed Potatoes Peaches & Milk	"Make Your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Chicken Nuggets Tator Tots Green Beans Melon & Milk	Turkey and Cheese Sandwich Baby Carrots Pears & Milk
PM Snack	Chex Cereal & Fresh Fruit	Animal Crackers & Apple Juice	Graham Crackers & Bananas	Fresh Fruit & Cheerios	Trail Mix & Apple Juice

1

Week of Nov. 12th to Nov. 16th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	SCHOOL CLOSED	Apple Sauce & Ritz Crackers	Pancakes & CranGrape Juice	Waffles & Orange Juice	Ritz Crackers & Fruit
Lunch	VETERAN'S DAY School Closed	Chicken, rice and Veggie Soup Saltine Crackers Apples & Milk	Lasagna Breen Beans Apples & Milk	Pizza Salad Pears & Milk	BBQ Chicken Rice Mixed Veggies Peaches & Milk
PM Snack	SCHOOL CLOSED	Cheez-it Crackers & Pineapple Juice	Cheese & Saltine Crackers	Cantaloupe & Ritz Crackers	Cheerios & Fresh Fruit

2

Weekly Menu



Week of Nov 19th to Nov. 23rd

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal					
AM Snack	Trail Mix & Juice	Oatmeal & Milk	Cinnamon Toast & Orange Juice	SCHOOL CLOSED	SCHOOL CLOSED
Lunch	Macaroni and Beef Peas N' Carrots Pears & Milk	Children's Feast Chicken, mashed potatoes, green beans. Pumpkin Pie	Meat Loaf Mash Potatoes Peas N' Carrots Pears & Milk	THANKS-GIVING HOLIDAY	THANKS-GIVING HOLIDAY
PM Snack	Apple Sauce & Ritz Crackers	Pumpkin pie	Graham crackers & Bananas	SCHOOL CLOSED	SCHOOL CLOSED

3

Week of Nov. 26th to Nov. 30th

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal					
AM Snack	Trail Mix & Juice	Toast & Butter & Fruit	Bagel & Cream Cheese	Animal Crackers & Milk	Waffles & Orange Juice
Lunch	Grilled Cheese Sandwiches Carrots Pineapples & Milk	Sloppy Joes Corn Apples & Milk	BBQ Chicken Rice Mixed Veggies Peaches & Milk	Chicken Nuggets Tator Tots Green Beans Oranges & Milk	Ground Beef W/ Broccoli Mashed Potatoes Peaches & Milk
PM Snack	Cheese & Saltine crackers	Graham Crackers & Milk	Cheerios & Fresh Fruit	Apple Sauce & Ritz Crackers	Wheat Thins & Juice

4

Weekly Menu



Week of Dec. 3rd to Dec. 7th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trail Mix & Pineapple Juice	Fruit & Goldfish Crackers	Cheerios & CranGrape Juice	Graham Crackers & Cream Cheese	Ritz Crackers & Apple Sauce
Lunch	Lasagna Salad Peaches & Milk	Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk	Beef and Veggie Soup Saltine Crackers Melon & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	CranGrape Juice & Wheat Thins	Animal Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Juice & pretzels

5

Week of Dec.10th to Dec. 14th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Bagels & Cream Cheese	Waffles & Orange Juice	Saltine crackers & Apple Juice	Cinnamon Toast & Juice	Flour Tortillas W/ Butter & Juice
Lunch	Grilled Cheese Sandwich Carrots w/Dip Pears & Milk	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Meat Loaf Mashed Potatoes Peas N' Carrots Apple Sauce & Milk	Fish Sticks Rice Mixed Vegetables Apples & Milk	Spaghetti W/meat Sauce Green Beans Peaches & Milk
PM Snack	Chex Cereal & Juice	Trail Mix & Fresh Fruit	Oranges & Goldfish Crackers	Ritz Crackers & Peaches	Cookies & Milk

6

Weekly Menu



Week of Dec. 17th to Dec 21st

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trail Mix & Pineapple Juice	Orange Juice & Pretzels	Flour Tortillas w/butter Grape Juice	Cheez-it & CranGrape Juice	Cinnamon Toast & Milk
Lunch	Turkey and Cheese Sandwich Carrots Oranges & Milk	Baked Chicken Mashed Potatoes Peas N' Carrots Fruit Cocktail & Milk	Veggie and Rice Soup Saltine Crackers Apple Sauce & Milk	Pizza Salad Pears & Milk	Beef & Broccoli Rice Peas Fruit Cocktail & Milk
PM Snack	Peaches & Ritz crackers	Graham Crackers & Cream Cheese	ABC Crackers & Apple Juice	Bananas & Ritz Crackers	Goldfish crackers & Pineapple Juice

7

Week of Dec. 24th to Dec 28th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
Lunch	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
PM Snack	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED



Week of Dec.31st to Jan. 4th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	SCHOOL CLOSED	SCHOOL CLOSED	Oatmeal & Milk	Animal Crackers & Fresh Fruit	Orange Juice & Cheerios
Lunch	SCHOOL CLOSED	SCHOOL CLOSED	Fish Sticks Rice w/ Broccoli Apples & Milk	Meat Loaf Mashed Potatoes Peas N' Carrots Apple Sauce & Milk	Grilled Cheese Sandwich' Broccoli w/dip Pineapple & Milk
PM Snack	SCHOOL CLOSED	SCHOOL CLOSED	Cheerios & Fresh Fruit	Apple Sauce & Ritz Crackers	Banana Milk Shake & Animals Crackers

Week of Jan.7th to Jan. 11th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Bananas & Ritz Crackers	Pancakes & Orange Juice	Grilled Cheese & CranGrape Juice	Cereal & Milk	Graham Crackers & Cream Cheese
Lunch	Quesadilla Corn Cantaloupe & Milk	BBQ Chicken Rice Mixed Veggies Peaches & Milk	Ground Beef w/broccoli Mashed Potatoes Fruit Cocktail Milk	Macaroni N' Cheese Green Beans Apple Sauce & Milk	Spaghetti w/ Meat Sauce Peas N' Carrots Pears & Milk
PM Snack	Trail Mix & Fresh Fruit	Saltine Crackers & Cheese	Pretzels & Juice	Cheez Its & Grape Juice	Wheat Thins & Fresh Fruit