

Weekly Menu



Week of July 16th to July 20th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Animal crackers & Milk	Oatmeal & Milk	Graham Crackers & Apple Juice	Trail Mix & CranGrape Juice	Quesadillas & Orange Juice
Lunch	Chicken Noodle Soup w/ Vegetables Crackers Apples & Milk	Fish Sticks Rice w/ broccoli Apple Sauce & Milk	Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk	Chili Con Carne Chips Corn Oranges & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk
PM Snack	Wheat Thins & Juice	Sugar cookies and Milk	Trail Mix & Fresh Fruit	Melon & Ritz Crackers	Cheese & Saltine Crackers

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Week of July 23rd to July 27th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Graham Crackers & Apple Juice	Cheese & Saltine Crackers	Cinnamon Toast & Apple Juice	Cheerios & CranGrape Juice	Pancakes & milk
Lunch	Chicken Noodle Soup w/ Vegetables Crackers Apples & Milk	Meat Loaf Mashed Potatoes Peas N' Carrots Fruit Cocktail & Milk	Spaghetti W/ meat Sauce Green Beans Pears & Milk	Chicken Nuggets Tator Tots Broccoli w/ dip Oranges & Milk	Ground Beef w/ broccoli Mashed Potatoes Peaches & Milk
PM Snack	Trail Mix & Fresh Fruit	Cheerios & Fresh Fruit	Chocolate Milk & Animal Crackers	Ritz Crackers & Peaches	Trail Mix & Melon

Items highlighted in yellow classroom cooking activities

Weekly Menu



Week of July 30th to August 3rd

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Oatmeal & Milk	Ritz Crackers & Apple Juice	Trail Mix & Pineapple Juice	Cheerios & CranGrape Juice	Grilled Cheese Sandwich & Apple Juice
Lunch	Pizza Salad Pears & Milk	Beef, rice, and Vegetable Stew Crackers Apples & Milk	Sloppy Joes Baby Carrots w/ dip Fruit Cocktail & Milk	Lasagna Peas Fruit Cocktail & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk
PM Snack	Chex Cereal & Juice	Graham Crackers & Cream Cheese	Banana Milk Shake & Animal Crackers	Wheat Thins & Juice	Cheez It Crackers & Juice

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August 6th to August 10th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cereal & Bananas	Toasted English Muffin w/ jelly & Apple Juice	Wheat Thins & Orange Juice	Trail Mix & Pineapple Juice	Cinnamon Toast & Apple Juice
Lunch	Quesadillas Mixed Veggies Apples & Milk	Turkey and Cheese Sandwiches Celery Sticks w/Dip Oranges & Milk	Teriyaki Chicken Rice w/ Mixed Vegetables Pineapple & Milk	Macaroni N' Cheese Salad Pears & Milk	Chicken Nuggets Tator Tots Baby carrots w/dip Oranges & Milk
PM Snack	Graham Crackers & Fresh Fruit	Cheese & Crackers	Chex Cereal & Oranges	Ritz cackers & Fresh Fruit	Apples & Wheat Thins

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Items highlighted in yellow classroom cooking activities