

Weekly Menu



Week of Sept. 9 to Sept. 13

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Animal crackers & Milk	Oatmeal & Milk	Graham Crackers & Apple Juice	Trail Mix & CranGrape Juice	Waffles & Orange Juice
Lunch	Chicken Soup w/ rice and Vegetables Crackers Applesauce & Milk	Fish Sticks Rice w/ veggies Apple Sauce & Milk	Ground Beef w/ broccoli Rice Peaches & Milk & Milk	Turkey and Cheese Sandwiches oranges w/Dip Oranges & Milk	Macaroni N' Cheese Green Beans Apple Sauce & Milk
PM Snack	Wheat Thins & Juice	Pineapple Juice & Crackers	Trail Mix & Fresh Fruit	applesauce & Ritz Crackers	Cheese & Saltine Crackers

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Week of Sept. 16 to Sept. 20

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cereal & Milk	Cheese & Saltine Crackers	English muffins/jelly & Apple Juice	Cheerios & Crangrape Juice	Pancakes & milk
Lunch	Chicken Nuggets Tator Tots corn peaches & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Spaghetti W/ meat Sauce Green Beans Pears & Milk	Chicken noodle soup and Vegetables Crackers Applesauce & Milk	Beef and Veggie Soup Saltine Crackers Fruit Cocktail & Milk
PM Snack	Cheez it & CranGrape Juice	Cheerios & Fresh Fruit	Chocolate Milk & Animal Crackers	Ritz Crackers & Peaches	Trail Mix & juice

Items highlighted in yellow classroom cooking activities

Weekly Menu



Week of Sept. 23 to Sept. 27

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cheerios & CranGrape Juice	Oatmeal & Milk	(Fall picture day) Trail Mix & Pineapple Juice	(Fall picture day) Ritz Crackers & Apple Juice	Grilled Cheese Sandwich & Apple Juice
Lunch	Pizza Salad Pears & Milk	Beef, rice, and Vegetable Stew Crackers Apples & Milk	Sloppy Joes Baby Carrots w/ dip Fruit Cocktail & Milk	Lasagna Peas Fruit Cocktail & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk
PM Snack	Chex Cereal & Juice	Graham Crackers & Cream Cheese	Banana Milk Shake & Animal Crackers	Wheat Thins & Juice	Cheeze It Crackers & Juice

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Week of Sep. 30 to Oct 4

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cereal & Bananas	Toasted English Muffin w/ jelly & Apple Juice	Wheat Thins & Orange Juice	Trail Mix & Pineapple Juice	Oatmeal & Milk
Lunch	Quesadillas Mixed Veggies Apples & Milk	Turkey and Cheese Sandwiches Celery Sticks w/Dip Oranges & Milk	Teriyaki Chicken Rice w/ Mixed Vegetables Pineapple & Milk	Macaroni N' Cheese Salad Pears & Milk	Chicken Nuggets Tator Tots Baby carrots w/dip Oranges & Milk
PM Snack	Graham Crackers & Fresh Fruit	Cheese & Crackers	Chex Cereal & Oranges	Ritz cackers & Fresh Fruit	Apples & Wheat Thins

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Items highlighted in yellow classroom cooking activities

Weekly Menu



Week of Oct. 7 to Oct 11

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Graham Crackers & Cream Cheese	cheese & crackers	Oatmeal & Milk	Scrambled Eggs & Orange Juice	Wheat thins & Apple Juice
Lunch	Beef, rice, and Vegetable Stew Crackers Fruit Cocktail & Milk	Grilled Cheese Sandwiches Green Beans Pineapple & Milk	Sloppy Joes Carrots w/dip Pineapple & Milk	Pizza Salad Apples & milk	Baked Chicken Mashed potatoes Corn Pears & Milk
	Goldfish Crackers & Juice	Ritz Crackers & Peaches	Apple Sauce & Ritz Crackers	Trail Mix & Juice	Cheese & Saltine crackers

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Week of Oct 14 to Oct. 18

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Oatmeal & Milk	Waffles & CranGrape Juice	Animal Crackers & Orange Juice	Cheerios & Apple Juice	Wheat Thins & Fresh Fruit
Lunch	Meat Loaf Mashed Potatoes Peas N' Carrots Apples & Milk	Macaroni N' Cheese Green beans Pears & Milk	Chili Con Carne Tortilla Chips Corn Oranges & Milk	Chicken soup With rice and veggies Fruit Cocktail & Milk	Quesadillas Corn Apple Sauce & Milk
PM Snack	Wheat Thins & Juice	Trail Mix & Fresh Fruit	Cheerios Raisins & CranGrape Juice	Pretzel & Orange Juice	Animal Crackers & Apple Juice

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Weekly Menu



Week of Oct 21 to Oct 25

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Tortillas w/butter & CranGrape Juice	Pancakes Apple Juice	Goldfish Crackers & Pineapple Juice	Animal Crackers & Milk	Orange Juice & Cheerios
Lunch	BBQ Chicken Rice Peas Peaches & Milk	Fish Sticks Rice w/ Broccoli Apples & Milk	Meat Loaf Mashed Potatoes Green Beans Melon & Milk	Beef, veggies and noodle soup Fruit Cocktail & Milk	Grilled Cheese Sandwich' Broccoli w/dip Pineapple & Milk
PM Snack	Graham Crackers & Milk	Saltine Crackers & Cheese	Cheerios & Fresh Fruit	Apple Sauce & Ritz Crackers	Banana Milk Shake & Animals Crackers

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Week of Oct 28 to Nov 1

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trial Mix & Apple Juice	Quesadillas & CranGrape Juice	Bananas & Ritz Crackers	Oatmeal & Milk	Orange Juice & Cheerios
Lunch	Lasagna Green Beans Pears & Milk	Sloppy Joes Carrots w/dip Pineapple & Milk	Chili Con Carne Tortilla Chips Corn Oranges & Milk	Chicken Nuggets Tator Tots Carrots Sticks w/ Dip Peaches & Milk	Teriyaki Chicken White Rice Mixed Vegetables Pineapple & Milk
PM Snack	Chex Cerial & Apples	Cheez It Crackers & Pineapple Juice	Trial Mix & Fresh Fruit	Apple Sauce & Ritz Crackers	Goldfish Crackers & Juice

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Weekly Menu



Week of Nov. 4 to Nov. 8

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Oatmeal & Milk	Cereal & Orange Juice	Goldfish Crackers & Apple Juice	Flour Tortilla w/ butter & CranGrape Juice	Fresh Fruit & Animal Crackers
Lunch	Chicken Soup w/ noodles & Vegetables Crackers Pears & Milk	Ground Beef W/ Broccoli Mashed Potatoes Peaches & Milk	"Make Your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Fish Sticks Rice w/ Broccoli Apples & Milk	Turkey and Cheese Sandwich Baby Carrots Pears & Milk
PM Snack	Chex Cereal & Fresh Fruit	Animal Crackers & Apple Juice	Graham Crackers & Bananas	Fresh Fruit & Cheerios	Trail Mix & Apple Juice

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Week of Nov. 11 to Nov. 15

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	SCHOOL CLOSED	Apple Sauce & Ritz Crackers	Pancakes & CranGrape Juice	Waffles & Orange Juice	Ritz Crackers & Fruit
Lunch	VETERAN'S DAY School Closed	Chicken, rice and Veggie Soup Saltine Crackers Apples & Milk	Lasagna Breen Beans Apples & Milk	Pizza Salad Pears & Milk	BBQ Chicken Rice Mixed Veggies Peaches & Milk
PM Snack	SCHOOL CLOSED	Cheez-it Crackers & Pineapple Juice	Cheese & Saltine Crackers	Cantaloupe & Ritz Crackers	Cheerios & Fresh Fruit

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Weekly Menu



Week of Nov 18 to Nov. 22

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trial Mix & Juice	Bagel & Cream Cheese	Cinnamon Toast & Orange Juice	Animal Crackers & Milk	Waffles & Orange Juice
Lunch	Macaroni and Beef Peas N' Carrots Pears & Milk	BBQ Chicken Rice Mixed Veggies Peaches & Milk	Meat Loaf Mash Potatoes Peas N' Carrots Pears & Milk	Chicken Nuggets Tator Tots Green Beans Oranges & Milk	Ground Beef W/ Broccoli Mashed Potatoes Peaches & Milk
PM Snack	Apple Sauce & Ritz Crackers	Cheerios & Fresh Fruit	Graham crackers & Bananas	Apple Sauce & Ritz Crackers	Wheat Thins & Juice

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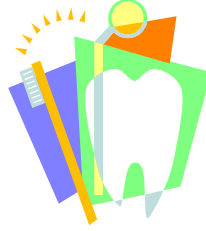
Week of Nov. 25 to Nov. 29

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Oatmeal & Milk	Toast & Butter & Fruit	Trail Mix & Juice	SCHOOL CLOSED	SCHOOL CLOSED
Lunch	Grilled Cheese Sandwiches Carrots Pineapples & Milk	Sloppy Joes Corn Apples & Milk	Children's Feast Chicken, mashed potatoes, green beans. Pumpkin Pie	THANKSGIVING HOLIDAY	THANKSGIVING HOLIDAY
PM Snack	Cheese & Saltine crackers	Graham Crackers & Milk	Pumpkin pie and milk	SCHOOL CLOSED	SCHOOL CLOSED

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Weekly Menu



Week of Dec. 2 to Dec. 6

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trail Mix & Pineapple Juice	Fruit & Goldfish Crackers	Cheerios & CranGrape Juice	Graham Crackers & Cream Cheese	Ritz Crackers & Apple Sauce
Lunch	Lasagna Salad Peaches & Milk	Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk	Chicken and Veggie Soup Saltine Crackers Melon & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Ground Beef W/ Broccoli Mashed Potatoes Peaches & Milk
PM Snack	CranGrape Juice & Wheat Thins	Animal Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Juice & pretzels

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Week of Dec. 9 to Dec. 13

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Bagels & Cream Cheese	Waffles & Orange Juice	Saltine crackers & Cheese	Fruit & Goldfish Crackers	Cheese-itz & Juice
Lunch	Chicken nuggets Rice Mixed Vegetables Apples & Milk	Quesadilla Corn Cantaloupe & Milk	Meat Loaf Mashed Potatoes Peas N' Carrots Apple Sauce & Milk	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Spaghetti W/meat Sauce Green Beans Peaches & Milk
PM Snack	Chex Cereal & Juice	Trail Mix & Fresh Fruit	Oranges & Goldfish Crackers	Ritz Crackers & Peaches	Cookies & Milk

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Weekly Menu



Week of Dec. 16 to Dec 20

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trail Mix & Pineapple Juice	Orange Juice & Pretzels	Flour Tortillas w/butter Grape Juice	Cheez-it & CranGrape Juice	Cinnamon Toast & Milk
Lunch	Grilled Cheese Sandwich Carrots Oranges & Milk	Baked Chicken Mashed Potatoes Peas N' Carrots Fruit Cocktail & Milk	Chicken Soup Saltine Crackers Apple Sauce & Milk	Macaroni and Beef Peas N' Carrots Pears & Milk	Pizza Salad Pears & Milk
PM Snack	Peaches & Ritz crackers	Graham Crackers & Cream Cheese	Animal Crackers & Apple Juice	Bananas & Ritz Crackers	Goldfish crackers & Pineapple Juice

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Week of Dec. 23 to Dec 27

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Toast & Butter & Fruit	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
Lunch	Sloppy Joes Corn Apples & Milk	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
PM Snack	Graham Crackers & Milk	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED

Items highlighted in yellow classroom cooking activities



Week of Dec.30 to Jan. 3

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	Oatmeal & Milk	Orange Juice & Cheerios
Lunch	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	Fish Sticks Rice w/ Broccoli Apples & Milk	Grilled Cheese Sandwich' Broccoli w/dip Pineapple & Milk
PM Snack	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	Cheerios & Fresh Fruit	Banana Milk Shake & Animals Crackers

Week of Jan. 8 to Jan. 10

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Bananas & Ritz Crackers	Pancakes & Orange Juice	Grilled Cheese & CranGrape Juice	Cereal & Milk	Graham Crackers & Cream Cheese
Lunch	Quesadilla Corn Cantaloupe & Milk	BBQ Chicken Rice Mixed Veggies Peaches & Milk	Ground Beef w/broccoli Mashed Potatoes Fruit Cocktail Milk	Macaroni N' Cheese Green Beans Apple Sauce & Milk	Spaghetti w/ Meat Sauce Peas N' Carrots Pears & Milk
PM Snack	Trail Mix & Fresh Fruit	Saltine Crackers & Cheese	Pretzels & Juice	Cheez Its & Grape Juice	Wheat Thins & Fresh Fruit

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