

Week of Sept. 9 to Sept. 13

| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---|--|--|--|--|
| AM | Animal | Oatmeal & | Graham | Trail Mix | Waffles |
| Snack | crackers & Milk | Milk | Crackers & Apple Juice | & CranGrape Juice | & Orange Juice |
| Lunch | Chicken Soup w/ rice and Vegetables Crackers Applesauce & Milk | Fish Sticks Rice w/ veggies Apple Sauce & Milk | Ground Beef w/ broccoli Rice Peaches & Milk & Milk | Turkey and Cheese Sandwiches oranges w/Dip Oranges & Milk | Macaroni N' Cheese Green Beans Apple Sauce & Milk |
| PM Snack | Wheat Thins | Pineapple Juice & | Trail Mix | applesauce | Cheese |
| эпаск | & Juice | Crackers | & Fresh Fruit | & Ritz Crackers | & Saltine Crackers |
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Week of Sept. 16 to Sept. 20

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|-------|------------|-------------|----------------------|------------------------------------|----------------|
| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM | Cereal | Cheese | <mark>English</mark> | Cheerios | Pancakes & |
| Snack | & | & | muffins/jelly | & | milk |
| | Milk | Saltine | & | Crangrape Juice | |
| | | Crackers | Apple Juice | | |
| | | | | | |
| Lunch | Chicken | Teriyaki | Spaghetti W/ meat | Chicken noodle | Beef and |
| | Nuggets | Chicken | Sauce | soup and | Veggie Soup |
| | Tator Tots | Rice | Green Beans | Vegetables | Saltine |
| | corn | Mixed | Pears | Crackers | Crackers |
| | peaches | Vegetables | & | Applesauce | Fruit Cocktail |
| | & | Pineapple | Milk | & Milk | & Milk |
| | Milk | & Milk | | | |
| | | | | | |
| PM | Cheez it | Cheerios | Chocolate Milk | Ritz Crackers | Trail Mix |
| Snack | & | & | & | & | & |
| | CranGrape | Fresh Fruit | Animal | Peaches | juice |
| | Juice | | Crackers | | - |
| | | | | | |

Weekly Menu



Week of Sept. 23 to Sept. 27

| | week of Sept. 23 to Sept. 27 | | | | |
|-------|------------------------------|-----------------|--------------------|----------------|-----------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Meal | - | _ | | | - |
| AM | Cheerios | <u>Oatmeal</u> | (Fall picture day) | (Fall picture | Grilled Cheese |
| Snack | & | & | Trail Mix | day) | Sanwich |
| | CranGrape | Milk | & | Ritz Crackers | & |
| | Juice | | Pineapple Juice | & | Apple Juice |
| | | | | Apple Juice | |
| Lunch | Pizza | Beef, rice, and | Sloppy Joes | Lasagna | Baked Chicken |
| | Salad | Vegetable | Baby Carrots w/ | Peas | Mashed |
| | Pears | Stew | dip | Fruit Cocktail | Potatoes |
| | & | Crackers | Fruit Cocktail | & Milk | Peas |
| | Milk | Apples | & | | Peaches |
| | | & | Milk | | & |
| | | Milk | | | Milk |
| PM | Chex Cereal | Graham | Banana Milk Shake | Wheat Thins | Cheez It |
| Snack | & | Crackers | & | & | Crackers & |
| | Juice | & Cream | Animal Crackers | Juice | Juice |
| | | Cheese | | | |

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Week of Sep. 30 to Oct 4

| | | | | week of Sep | |
|-------|--|---|--|--|---|
| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM | Cereal | Toasted English | Wheat Thins | Trial Mix | Oatmeal |
| Snack | & | Muffin w/ jelly | & | & | & |
| | Bananas | & | Orange Juice | Pineapple Juice | Milk |
| | | Apple Juice | | | |
| Lunch | Quesadillas Mixed Veggies Apples & Milk | Turkey and Cheese Sandwiches Celery Sticks w/Dip Oranges & Milk | Teriyaki Chicken Rice w/ Mixed Vegetables Pineapple & Milk | Macaroni N' Cheese Salad Pears & Milk | Chicken Nuggets Tator Tots Baby carrots w/dip Oranges & Milk |
| PM | Graham | Cheese | Chex Cereal | Ritz cackers & | Apples |
| Snack | Crackers | & | & | Fresh Fruit | & |
| | & | Crackers | Oranges | | Wheat Thins |
| | Fresh Fruit | | | | |



Week of Oct. 7 to Oct 11

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|-------------|--|--|---|--|--|
| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM Snack | Graham Crackers & Cream Cheese | cheese & crackers | <mark>Oatmeal</mark> & Milk | Scrambled Eggs & Orange Juice | Wheat thins & Apple Juice |
| Lunch | Beef, rice, and Vegetable Stew Crackers Fruit Cocktail & Milk | Grilled Cheese Sandwiches Green Beans Pineapple & Milk | Sloppy Joes Carrots w/dip Pineapple & Milk | Pizza Salad Apples & milk | Baked Chicken Mashed potatoes Corn Pears & Milk |
| | Goldfish Crackers & Juice | Ritz Crackers & Peaches | Apple Sauce & Ritz Crackers | Trail Mix & Juice | Cheese & Saltine crackers |

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Week of Oct 14 to Oct. 18

| | | | | WEEK OF OCC 14 | 10 Oct. 10 |
|-------|-----------------|----------------|-----------------|----------------|-----------------|
| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM | <u>Oatmeal</u> | Waffles | Animal Crackers | Cheerios | Wheat Thins |
| Snack | & | & | & | & Apple Juice | & |
| | Milk | CranGrape | Orange Juice | | Fresh Fruit |
| | | Juice | | | |
| Lunch | Meat Loaf | Macaroni N' | Chili Con Carne | Chicken soup | Quesadillas |
| | Mashed Potatoes | Cheese | Tortilla Chips | With rice and | Corn |
| | Peas N' Carrots | Green beans | Corn | veggies | Apple Sauce |
| | Apples | Pears | Oranges | Fruit Cocktail | & Milk |
| | <u>.</u> | & | & Milk | & | |
| | Milk | Milk | | Milk | |
| | | | | | |
| PM | Wheat Thins | Trail Mix | Cheerios | Pretzel | Animal Crackers |
| Snack | & | & | Raisins | & | & |
| | Juice | Fresh Fruit | & | Orange Juice | Apple Juice |
| | | | CranGrape Juice | _ | |

Items highlighted in yellow classroom cooking activities

Weekly Menu



Week of Oct 21 to Oct 25

| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---|--|---|--|--|
| AM Snack | Tortillas w/butter & CranGrape Juice | Pancakes Apple Juice | Goldfish Crackers & Pineapple Juice | Animal Crackers & Milk | Orange Juice & Cheerios |
| Lunch | BBQ Chicken Rice Peas Peaches & Milk | Fish Sticks Rice w/ Broccoli Apples & Milk | Meat Loaf Mashed Potatoes Green Beans Melon & Milk | Beef, veggies and noodle soup Fruit Cocktail & Milk | Grilled Cheese Sandwich' Broccoli w/dip Pineapple & Milk |
| PM Snack | Graham Crackers & Milk | Saltine Crackers & Cheese | Cheerios & Fresh Fruit | Apple Sauce & Ritz Crackers | Banana Milk Shake & Animals Crackers |

Week of Oct 28 to Nov 1

| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------|---|---|--|---|---|
| AM | Trial Mix | Quesadillas | Bananas | <u>Oatmeal</u> | Orange Juice |
| Snack | & | & | & | & | & |
| | Apple Juice | CranGrape Juice | Ritz Crackers | Milk | Cheerios |
| | | 34.00 | | | |
| Lunch | Lasagna Green Beans Pears & Milk | Sloppy Joes Carrots w/dip Pineapple & Milk | Chili Con Carne Tortilla Chips Corn Oranges & Milk | Chicken Nuggets Tator Tots Carrots Sticks W/ Dip Peaches & Milk | Teriyaki Chicken White Rice Mixed Vegetables Pineapple & Milk |
| PM | Chex Cerial | Cheez It | Trial Mix | Apple Sauce | Goldfish Crackers |
| Snack | & | Crackers | & | & | & |
| | Apples | & Pineapple Juice | Fresh Fruit | Ritz Crackers | Juice |

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Week of Nov. 4 to Nov. 8

| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---|---|--|---|---|
| | <u> </u> | | | | |
| AM | Oatmeal | Cereal | Goldfish | Flour Tortilla | Fresh Fruit |
| Snack | & Milk | & Orange Juice | Crackers & Apple Juice | w/ butter & CranGrape Juice | & Animal Crackers |
| Lunch | Chicken Soup w/ noodles & Vegetables Crackers Pears & Milk | Ground Beef W/ Broccoli Mashed Potatoes Peaches & Milk | "Make Your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk | Fish Sticks Rice w/ Broccoli Apples & Milk | Turkey and Cheese Sandwich Baby Carrots Pears & Milk |
| PM Snack | Chex Cereal & Fresh Fruit | Animal Crackers & Apple Juice | Graham Crackers & Bananas | Fresh Fruit & Cheerios | Trail Mix & Apple Juice |
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Week of Nov. 11 to Nov. 15

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|-------|-----------|------------------|------------------|--------------------|---------------|
| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM | SCHOOL | Apple Sauce | <u>Pancakes</u> | Waffles | Ritz Crackers |
| Snack | CLOSED | & | & | & | & |
| | | Ritz Crackers | CranGrape Juice | Orange Juice | Fruit |
| Lunch | VETERAN'S | Chicken, rice | Lasagna | | BBQ Chicken |
| | DAY | and Veggie | Breen Beans | Pizza | Rice |
| | School | Soup | Apples | Salad | Mixed Veggies |
| | Closed | Saltine Crackers | & Milk | Pears | Peaches |
| | | Apples | | & Milk | & Milk |
| | | & Milk | | | |
| PM | SCHOOL | Cheez-it | Cheese | Cantaloupe | Cheerios |
| Snack | CLOSED | Crackers | & | & | & |
| | | & | Saltine Crackers | Ritz Crackers | Fresh Fruit |
| | | Pineapple Juice | | | |
| | | | | | |

Weekly Menu



Week of Nov 18 to Nov. 22

| | Week of Nov 10 to Nov. 22 | | | | | | |
|-------|---------------------------|---------------|-----------------|---------------|----------------|--|--|
| | Monday | Tuesday | Wednesday | Thursday | Friday | | |
| Meal | | | _ | | | | |
| AM | Trial Mix | Bagel | Cinnamon Toast | Animal | Waffles | | |
| Snack | & | & | & | Crackers | & | | |
| | Juice | Cream Cheese | Orange Juice | & | Orange Juice | | |
| | | | | Milk | | | |
| Lunch | Macaroni and | BBQ Chicken | Meat Loaf | Chicken | Ground Beef | | |
| | Beef | Rice | Mash Potatoes | Nuggets | W/ Broccoli | | |
| | Peas N' | Mixed Veggies | Peas N' Carrots | Tator Tots | Mashed | | |
| | Carrots | Peaches | Pears | Green Beans | Potatoes | | |
| | Pears | & Milk | & Milk | Oranges | Peaches | | |
| | & Milk | | | & Milk | & Milk | | |
| PM | Apple Sauce | Cheerios | Graham crackers | Apple Sauce | Wheat Thins | | |
| Snack | · · · & | & | & | ·· & | & | | |
| | Ritz Crackers | Fresh Fruit | Bananas | Ritz Crackers | Juice | | |
| | | | | | | | |

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Week of Nov. 25 to Nov. 29

| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---|---|---|------------------------------|------------------------------|
| AM Snack | Oatmeal & Milk | Toast & Butter & Fruit | Trail Mix & Juice | SCHOOL CLOSED | SCHOOL CLOSED |
| Lunch | Grilled Cheese Sandwiches Carrots Pineapples & Milk | Sloppy Joes Corn Apples & Milk | Children's Feast Chicken, mashed potatoes, green beans. Pumpkin Pie | THANKS- GIVING HOLIDAY | THANKS- GIVING HOLIDAY |
| PM Snack | Cheese & Saltine crackers | Graham Crackers & Milk | Pumpkin pie and milk | SCHOOL CLOSED | SCHOOL CLOSED |



Week of Dec. 2 to Dec. 6

| | | | Week of Dec. 2 to Dec. 0 | | | |
|----------------------|--|---|---|--|--|--|
| Meal | Monday | Tuesday | Wednesday | Thursday | Friday | |
| AM Snack Lunch | Trail Mix & Pineapple Juice Lasagna Salad Peaches & Milk | Fruit & Goldfish Crackers Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk | Cheerios & CranGrape Juice Chicken and Veggie Soup Saltine Crackers Melon & Milk | Graham Crackers & Cream Cheese Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk | Ritz Crackers & Apple Sauce Ground Beef W/ Broccoli Mashed Potatoes Peaches & Milk | |
| PM Snack | CranGrape Juice & Wheat Thins | Animal Crackers & Apple Juice | Cheese & Saltine Crackers | Chex Cereal & Pineapple Juice | Juice & pretzels | |

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Week of Dec. 9 to Dec. 13

| | Week of Dec. 9 to Dec. 15 | | | | |
|-------------|--|--|--|---|--|
| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM Snack | Bagels & Cream Cheese | Waffles & Orange Juice | Saltine crackers & Cheese | Fruit & Goldfish Crackers | Cheese-itz & Juice |
| Lunch | Chicken nuggets Rice Mixed Vegetables Apples & Milk | Quesadilla Corn Cantaloupe & Milk | Meat Loaf Mashed Potatoes Peas N' Carrots Apple Sauce & Milk | "Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk | Spaghetti W/meat Sauce Green Beans Peaches & Milk |
| PM Snack | Chex Cereal & Juice | Trail Mix & Fresh Fruit | Oranges & Goldfish Crackers | Ritz Crackers & Peaches | Cookies & Milk |

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Week of Dec. 16 to Dec 20

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------|---------------|-----------------|------------------|-----------------|--------------------|
| Meal | | | | | |
| AM | Trail Mix | Orange Juice | Flour Tortillas | Cheez-it | Cinnamon |
| Snack | & | & | w/butter | & | <mark>Toast</mark> |
| | Pineapple | Pretzels | Grape Juice | CranGrape Juice | & |
| | Juice | | | | Milk |
| | | | | | |
| Lunch | Grilled | Baked Chicken | Chicken Soup | Macaroni and | Pizza |
| | Cheese | Mashed | Saltine Crackers | Beef | Salad |
| | Sandwich | Potatoes | Apple Sauce | Peas N' Carrots | Pears |
| | Carrots | Peas N' Carrots | & Milk | Pears | & Milk |
| | Oranges | Fruit Cocktail | | & Milk | |
| | & Milk | & Milk | | | |
| PM | Peaches | Graham | Animal Crackers | Bananas | Goldfish |
| Snack | & | Crackers | & | & | crackers |
| | Ritz crackers | & | Apple Juice | Ritz Crackers | & |
| | | Cream Cheese | | | Pineapple Juice |

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Week of Dec. 23 to Dec 27

| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---|------------------|------------------|------------------|------------------|
| AM Snack | Toast & Butter & Fruit | SCHOOL CLOSED | SCHOOL CLOSED | SCHOOL CLOSED | SCHOOL CLOSED |
| Lunch | Sloppy Joes Corn Apples & Milk | SCHOOL CLOSED | SCHOOL CLOSED | SCHOOL CLOSED | SCHOOL CLOSED |
| PM Snack | Graham Crackers & Milk | SCHOOL CLOSED | SCHOOL CLOSED | SCHOOL CLOSED | SCHOOL CLOSED |



Week of Dec.30 to Jan. 3

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|-------|--------|---------|-----------|------------------|----------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Meal | - | _ | | _ | - |
| AM | SCHOOL | SCHOOL | SCHOOL | Oatmeal | Orange Juice |
| Snack | CLOSED | CLOSED | CLOSED | & | & |
| | | | | Milk | Cheerios |
| | | | | | |
| Lunch | SCHOOL | SCHOOL | SCHOOL | | Grilled Cheese |
| | CLOSED | CLOSED | CLOSED | Fish Sticks | Sandwich' |
| | | | | Rice w/ Broccoli | Broccoli w/dip |
| | | | | Apples | Pineapple |
| | | | | & Milk | & Milk |
| PM | SCHOOL | SCHOOL | SCHOOL | Cheerios | Banana Milk |
| Snack | CLOSED | CLOSED | CLOSED | & | Shake |
| | | | | Fresh Fruit | & |
| | | | | | Animals |
| | | | | | Crackers |

Week of Jan. 8 to Jan. 10

| Meal | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|--|---|--|---|--|
| AM | Bananas | Pancakes | Grilled Cheese | Cereal | Graham |
| Snack | & | & | & | & | Crackers |
| | Ritz Crackers | Orange Juice | CranGrape Juice | Milk | & Cream Cheese |
| Lunch | Quesadilla Corn Cantaloupe & Milk | BBQ Chicken Rice Mixed Veggies Peaches & Milk | Ground Beef w/broccoli Mashed Potatoes Fruit Cocktail Milk | Macaroni N' Cheese Green Beans Apple Sauce & Milk | Spaghetti w/ Meat Sauce Peas N' Carrots Pears & Milk |
| PM Snack | Trail Mix & Fresh Fruit | Saltine Crackers & Cheese | Pretzels & Juice | Cheez Its & Grape Juice | Wheat Thins & Fresh Fruit |