

Week of May 5<sup>th</sup> to May 9<sup>th</sup>

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
меаі	Monday	Tuesday	wednesday	Thursday	riluay
	5				
AM .	Pancakes -	Flour Tortilla	Cheerios	Graham	Ritz
Snack	& CranCrana luica	w/ butter &	& CranCrana luica	Crackers &	Crackers
	CranGrape Juice	CranGrape	CranGrape Juice	Cream	& Apple
		Juice		Cheese	Sauce
Lunch	Lasagna Salad Peaches & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Beef and Veggie Soup Saltine Crackers Melon & Milk	Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	CranGrape Juice & Wheat Thins	Goldfish Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

Week of May 12<sup>th</sup> to May 16<sup>th</sup>

		week of May 12" to May 16"				
Meal	Monday	Tuesday	Wednesday	Thursday	Friday	
AM Snack	Bagels & Cream Cheese	Waffles & Orange Juice	Saltine crackers & Apple Juice	Cinnamon Toast & Juice	Flour Tortillas W/ Butter & Juice	
Lunch	Spaghetti W/meat Sauce Green Beans Peaches & Milk	Pizza Salad Pears & Milk	Meat Loaf Mashed Potatoes Peas N' Carrots Apple Sauce & Milk	Fish Sticks Rice Mixed Vegetables Apples & Milk	Grilled Cheese Sandwich Carrots w/Dip Pears & Milk	
PM Snack	Chex Cereal & Juice	Trail Mix & Fresh Fruit	Oranges & Goldfish Crackers	Ritz Crackers & Peaches	Wheat Thins & Apples	

6





Week of May 19<sup>th</sup> to May 23

	Week of May 15 to May 25					
	Monday	Tuesday	Wednesday	Thursday	Friday	
Meal						
AM	Trail Mix	Orange Juice	Flour Tortillas	Cheez-it	Cinnamon	
Snack	&	&	w/butter	&	<b>Toast</b>	
	Pineapple	Pretzels	Grape Juice	CranGrape Juice	&	
	Juice		5. ap 2 5 a. 5 5		Milk	
	Jaice				1 11110	
Lunch	Turkey and	Baked Chicken	Veggie and Rice	"Make your Own	Beef & Broccoli	
	Cheese	Mashed	Soup	Pizza"	Rice	
	Sandwich	Potatoes	Saltine Crackers	(English Muffins,	Peas	
	Carrots	Peas N' Carrots	Apple Sauce	Sauce, Cheese &	Fruit Cocktail	
	Oranges	Fruit Cocktail	& Milk	Toppings)	& Milk	
	& Milk	& Milk	& Tillik	Salad	C T IIIK	
	C PIIIK	Q PIIIK				
				Oranges		
				& Milk		
PM	Peaches	Graham	ABC Crackers		Goldfish	
Snack	&	Crackers	&	Bananas	crackers	
	Ritz crackers	&	Apple Juice	&	&	
		Cream Cheese		Ritz Crackers	Pineapple Juice	

7

Week of	May	26 <sup>th</sup>	tο	May	30

Maal	Manday	Tuesday		or May 26" to May	
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
_AM	SCHOOL	<u>Flour</u>	Cheerios	Graham	Ritz
Snack	CLOSED	Tortilla w/	& CranGrape Juice	Crackers &	Crackers
		butter &	Cranorape suice	Cream	& Apple
		CranGrape		Cheese	Sauce
		Juice			
Lunch	SCHOOL CLOSED Memorial Day	Beef and Veggie Soup Saltine Crackers Melon	Sloppy Joes Carrots w/dip Fruit Cocktail & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple	Quesadilla Corn Cantaloupe & Milk
		& Milk		& Milk	
PM Snack	SCHOOL CLOSED	Goldfish Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios



Week of June 2 to June 6<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal	,	,	,	,	,
AM Snack	Cheerios & CranGrape Juice	<mark>Oatmeal</mark> Apple Juice	<mark>Waffles</mark> & Milk	Animal Crackers & Apple Juice	English Muffin/grape jelly CranGrape Juice
Lunch	Beef, noodle Soup w/crackers Mixed Veggies Peaches & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk	Macaroni and Beef Green Beans Fruit Cocktail & Milk	Quesadillas Peas Pears & Milk	Beef, chicken noodle and veggies soup Pineapple & Milk
PM Snack	Graham Crackers & Milk	Saltine Crackers & Cheese	Cheerios & Fresh Fruit	Cheese & Wheat thins	Banana Milk Shake & Graham Crackers

Week of June 9<sup>th</sup> to June 13<sup>th</sup>

	Week of Julie 3 to Julie 13					
Meal	Monday	Tuesday	Wednesday	Thursday	Friday	
AM Snack	Goldfish Crackers & CranGrape	Bagels & Cream Cheese	<mark>Pancakes</mark> & Apple Juice	Cheerios & Milk	Graham Crackers & Cream Cheese	
Lunch	Chili Con Carne Tortilla Chips Corn Peaches & Milk	Chicken and veggies soup Saltine crackers Pears & Milk	Macaroni N' Cheese Green Beans Apples Sauce & Milk	Chicken Nuggets Corn Fruit Cocktail & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	
PM Snack	Trail Mix & Juice	Saltine Crackers & Cheese	Pretzels & Juice	Cheez Its & Grape Juice	Wheat Thins & Fresh Fruit	



Week of June 16<sup>th</sup> to June 20

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Pancakes & CranGrape Juice	Flour Tortilla w/ butter & CranGrape Juice	Cheerios & CranGrape Juice	Graham Crackers & Cream Cheese	Ritz Crackers & Apple Sauce
Lunch	Lasagna Salad Peaches & Milk	Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk	Beef and Veggie Soup Saltine Crackers Melon & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	CranGrape Juice & Wheat Thins	Goldfish Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

5

Week of June 23 to June 27

1			WEEK UI	Julie 23 to Julie 2	<u> </u>
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Bagels & Cream Cheese	<mark>Waffles</mark> &	Saltine crackers &	Goldfish	Flour
Silack	Cheese	Orange Juice	Apple Juice	crackers & Juice	Tortillas W/ Butter & Juice
Lunch	Grilled Cheese Sandwich Carrots w/Dip Pears & Milk	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Meat Loaf Mashed Potatoes Peas N' Carrots Apple Sauce & Milk	Fish Sticks Rice Mixed Vegetables Apples & Milk	Spaghetti W/meat Sauce Green Beans Peaches & Milk
PM	Chex Cereal	Trail Mix	Oranges	Ritz Crackers	Wheat Thins
Snack	& Juice	& Fresh Fruit	& Goldfish Crackers	& Peaches	& Apples

6



Mook	of lun	o 30 to	July 4th
week	OL JUIN	e 30 to	Juiv 4"

	Week of Julie 30 to July 4					
	Monday	Tuesday	Wednesday	Thursday	Friday	
Meal				-	_	
AM	Trail Mix	Orange Juice	Cheez-it	Cinnamon Toast	SCHOOL	
Snack	&	&	&	&	CLOSED	
	Pineapple Juice	Pretzels	CranGrape Juice	Milk		
	Juice					
Lunch	Turkey and	Baked Chicken		Beef & Broccoli	SCHOOL	
	Cheese	Mashed	Pizza	Rice	CLOSED	
	Sandwich	Potatoes	Salad	Peas	INDEPENDECE	
	Carrots	Peas N' Carrots	Pears	Fruit Cocktail	DAY	
	Oranges	Fruit Cocktail	& Milk	& Milk		
	& Milk	& Milk				
PM	Peaches	Graham		Goldfish crackers	SCHOOL	
Snack	&	Crackers	Bananas	&	CLOSED	
	Ritz crackers	&	&	Pineapple Juice		
		Cream Cheese	Ritz Crackers			

Week of July 7<sup>th</sup> to July 11<sup>th</sup>

			VVCCI	Or July 7 to July 1	-
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Flour Tortillas w/butter	Pancakes &	Cheerios &	Graham Crackers &	Ritz Crackers
	Grape Juice	CranGrape Juice	CranGrape Juice	Cream Cheese	& Apple Sauce
Lunch	Veggie and Rice Soup Saltine Crackers Apple Sauce & Milk	Beef and Veggie Soup Saltine Crackers Melon & Milk	Sloppy Joes Carrots w/dip Fruit Cocktail & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	ABC Crackers & Apple Juice	Goldfish Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

Items highlighted in yellow classroom cooking activities



Week of July 14th to July 18th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Animal	Oatmeal &	Graham	Trail Mix	Quesadillas
Snack	crackers	Milk	Crackers	&	& Orange Juice
	&		&	CranGrape Juice	
	Milk		Apple Juice	•	
Lunch	Chicken	Fish Sticks	Turkey & Cheese	Chili Con Carne	Baked Chicken
	Noodle Soup	Rice w/	Sandwich	Chips	Mashed Potatoes
	w/ Vegetables	broccoli	Carrots w/dip	Corn	Peas
	Crackers	Apple Sauce	Fruit Cocktail	Oranges	Peaches
	Apples	&	& Milk	&	&
	& Milk	Milk		Milk	Milk
PM	Wheat Thins	Sugar cookies	Trail Mix	Melon	Cheese
Snack	&	and Milk	&	&	&
	Juice		Fresh Fruit	Ritz Crackers	Saltine Crackers

Week of July 21 to July 25

			Week of July 21 to July 25				
Meal	Monday	Tuesday	Wednesday	Thursday	Friday		
AM	Graham	Cheese	Cinnamon Toast	Cheerios	Pancakes &		
Snack	Crackers	&	&	&	milk		
	&	Saltine	Apple Juice	CranGrape Juice			
	Apple Juice	Crackers					
Lunch	Chicken Noodle	Meat Loaf	Spaghetti W/ meat	Chicken Nuggets	Ground Beef		
	Soup	Mashed	Sauce	Tator Tots	w/ broccoli		
	w/ Vegetables	Potatoes	Green Beans	Broccoli w/ dip	Mashed		
	Crackers	Peas N' Carrots	Pears	Oranges	Potatoes		
	Apples	Fruit Cocktail	&	&	Peaches		
	& Milk	&	Milk	Milk	& Milk		
		Milk					
PM		Cheerios	Chocolate Milk	Ritz Crackers	Trail Mix		
Snack	Trail Mix	&	&	&	&		
	&	Fresh Fruit	Animal	Peaches	Melon		
	Fresh Fruit		Crackers				

Items highlighted in yellow classroom cooking activities

## **Weekly Menu**



Week of July 28<sup>th</sup> to August 1<sup>st</sup>

	Week of July 28 to August 1				
	Monday	Tuesday	Wednesday	Thursday	Friday
Meal	-	-	-	-	-
AM	<u>Oatmeal</u>	Ritz Crackers	Trail Mix	Cheerios	<b>Grilled Cheese</b>
Snack	&	&	&	&	<b>Sanwich</b>
	Milk	Apple Juice	Pineapple Juice	CranGrape	&
				Juice	Apple Juice
Lunch	Pizza	Beef, rice, and	Sloppy Joes	Lasagna	Baked Chicken
	Salad	Vegetable	Baby Carrots w/	Peas	Mashed
	Pears	Stew	dip	Fruit Cocktail	Potatoes
	&	Crackers	Fruit Cocktail	& Milk	Peas
	Milk	Apples	&		Peaches
		&	Milk		&
		Milk			Milk
PM	Chex Cereal	Graham	Ice Cream Social	Ice Cream	Cheez It
Snack	&	Crackers		Social	Crackers &
	Juice	& Cream			Juice
		Cheese			

3

August 5<sup>th</sup> to August 9<sup>th</sup>

Meal	Monday	Tuesdav	Wednesday	Thursday	Friday	
AM Snack	Cereal & Bananas	Toasted English Muffin w/ jelly & Apple Juice	Wheat Thins & Orange Juice	Trail Mix & Pineapple Juice	Cinnamon Toast & Apple Juice	
Lunch	Quesadillas Mixed Veggies Apples & Milk	Turkey and Cheese Sandwiches Celery Sticks w/Dip Oranges & Milk	Teriyaki Chicken Rice w/ Mixed Vegetables Pineapple & Milk	Macaroni N' Cheese Salad Pears & Milk	Chicken Nuggets Tator Tots Baby carrots w/dip Oranges & Milk	
PM Snack	Graham Crackers & Fresh Fruit	Cheese & Crackers	Chex Cereal & Oranges	Ritz cackers & Fresh Fruit	Apples & Wheat Thins	



Week of August 11th to Aug 15th

				Veck of August 11	
	Monday	Tuesday	Wednesday	Thursday	Friday
Meal					
AM	Graham	<u>Pancakes</u>	Trail Mix	Cheerios	Flour Tortillas
Snack	Crackers	&	&	&	w/ butter
	&	Juice	Orange Juice	Apple Juice	&
	Cream Cheese		_		Juice
Lunch	"Make your	Chili Con Carne	Meat Loaf	Chicken	Baked Chicken
Lancii	Own Pizza"	Tortilla Chips	Mash Potatoes	Nuggets	Mashed
	-	Corn	Peas N' Carrots	Tator Tots	Potatoes
	(English				
	Muffins,	Oranges	Pears	Green Beans	Peas
	Sauce, Cheese	& Milk	& Milk	Oranges	Melon
	& Toppings)			& Milk	& Milk
	Carrots w/dip				• • • • • • • • • • • • • • • • • • • •
	Oranges				
	& Milk				
PM		Drotzolo	Ditz crackoro	luico	Milla
	Goldfish	Pretzels	Ritz crackers	Juice	Milk
Snack	Crackers	&	&	&	&
	&	Cheese	Apple Juice	Saltine	Animal Crackers
	Juice			Crackers	

3

Week of August 18<sup>th</sup> to August 22

			Week of August 18" to August 22				
Meal	Monday	Tuesday	Wednesday	Thursday	Friday		
AM	Ritz Crackers	Cinnamon Toast	Bagel	Animal	Waffles		
Snack	&	&	&	Crackers	&		
	Fruit	Juice	Cream Cheese	&	Orange Juice		
				Milk			
Lunch	Turkey &	Sloppy Joes	BBQ Chicken	Macaroni N'	Ground Beef		
	Cheese	Corn	Rice	Cheese	W/ Broccoli		
	Sandwich	Apples	Mixed Veggies	Green Beans	Mashed		
	Carrots w/dip	& Milk	Peaches	Apples	Potatoes		
	Fruit Cocktail		& Milk	& Milk	Peaches		
	& Milk				& Milk		
PM	Cheese	Graham	Ritz crackers and	Trail mix and	Wheat Thins		
Snack	&	Crackers	Apple sauce	Fruit	&		
	Saltine	&			Juice		
	crackers	Milk					



Week of Aug 25<sup>th</sup> to Aug 29<sup>th</sup>

Week of Aug 25					
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack Lunch	Trail Mix & Pineapple Juice  Fish Sticks Rice & Mixed Veggies Cantaloupe & Milk	Grilled Cheese Sandwhiches & water  Lasagna Salad Peaches & Milk	Cheerios & CranGrape Juice Beef and Veggie Soup Saltine Crackers Melon & Milk	Oatmeal & Milk  Teriyaki Chicken Rice Mixed Vegetables Pineapple	Ritz Crackers & Apple Sauce Quesadilla Corn Cantaloupe & Milk
PM Snack	CranGrape Juice & Wheat Thins	Animal Crackers & Apple Juice	Cheese & Saltine Crackers	& Milk  Chex Cereal  &  Pineapple  Juice	Banana Milk Shake & Cheerios

			Week of	Sept. 1 to Sep	t 5 <sup>th</sup>
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	SCHOOL CLOSED	Waffles & Orange Juice	Saltine crackers & Apple Juice	Pancakes & Juice	Flour Tortillas W/ Butter &
					Juice
Lunch	LABOR DAY SCHOOL CLOSED	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Grilled Cheese Sandwich Carrots w/Dip Pears & Milk	Chicken Nuggets Rice Mixed Vegetables Apples & Milk	Spaghetti W/meat Sauce Green Beans Peaches & Milk
PM Snack	SCHOOL CLOSED	Trail Mix & Fresh Fruit	Oranges & Goldfish Crackers	Ritz Crackers & Peaches	Wheat Thins & Apples



Week of May 5<sup>th</sup> to May 9<sup>th</sup>

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
меаі	Monday	Tuesday	wednesday	Thursday	riluay
	5				
AM .	Pancakes -	Flour Tortilla	Cheerios	Graham	Ritz
Snack	& CranCrana luica	w/ butter &	& CranCrana luica	Crackers &	Crackers
	CranGrape Juice	CranGrape	CranGrape Juice	Cream	& Apple
		Juice		Cheese	Sauce
Lunch	Lasagna Salad Peaches & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Beef and Veggie Soup Saltine Crackers Melon & Milk	Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	CranGrape Juice & Wheat Thins	Goldfish Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

Week of May 12<sup>th</sup> to May 16<sup>th</sup>

			week of May 12" to May 16"			
Meal	Monday	Tuesday	Wednesday	Thursday	Friday	
AM Snack	Bagels & Cream Cheese	Waffles & Orange Juice	Saltine crackers & Apple Juice	Cinnamon Toast & Juice	Flour Tortillas W/ Butter & Juice	
Lunch	Spaghetti W/meat Sauce Green Beans Peaches & Milk	Pizza Salad Pears & Milk	Meat Loaf Mashed Potatoes Peas N' Carrots Apple Sauce & Milk	Fish Sticks Rice Mixed Vegetables Apples & Milk	Grilled Cheese Sandwich Carrots w/Dip Pears & Milk	
PM Snack	Chex Cereal & Juice	Trail Mix & Fresh Fruit	Oranges & Goldfish Crackers	Ritz Crackers & Peaches	Wheat Thins & Apples	

6





Week of May 19<sup>th</sup> to May 23

	Week of Fidy 15 to Fidy 25					
	Monday	Tuesday	Wednesday	Thursday	Friday	
Meal						
AM	Trail Mix	Orange Juice	Flour Tortillas	Cheez-it	Cinnamon	
Snack	&	&	w/butter	&	<b>Toast</b>	
	Pineapple	Pretzels	Grape Juice	CranGrape Juice	&	
	Juice		5. ap 2 5 a. 5 5		Milk	
	Jaice				1 11110	
Lunch	Turkey and	Baked Chicken	Veggie and Rice	"Make your Own	Beef & Broccoli	
	Cheese	Mashed	Soup	Pizza"	Rice	
	Sandwich	Potatoes	Saltine Crackers	(English Muffins,	Peas	
	Carrots	Peas N' Carrots	Apple Sauce	Sauce, Cheese &	Fruit Cocktail	
	Oranges	Fruit Cocktail	& Milk	Toppings)	& Milk	
	& Milk	& Milk	& Tillik	Salad	C T IIIK	
	C PIIIK	Q PIIIK				
				Oranges		
				& Milk		
PM	Peaches	Graham	ABC Crackers		Goldfish	
Snack	&	Crackers	&	Bananas	crackers	
	Ritz crackers	&	Apple Juice	&	&	
		Cream Cheese		Ritz Crackers	Pineapple Juice	

7

Week of	May	26 <sup>th</sup>	tο	May	30

Maal	Manday	Tuesday		or May 26" to May	
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
_AM	SCHOOL	<u>Flour</u>	Cheerios	Graham	Ritz
Snack	CLOSED	Tortilla w/	& CranGrape Juice	Crackers &	Crackers
		butter &	Cranorape suice	Cream	& Apple
		CranGrape		Cheese	Sauce
		Juice			
Lunch	SCHOOL CLOSED Memorial Day	Beef and Veggie Soup Saltine Crackers Melon	Sloppy Joes Carrots w/dip Fruit Cocktail & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple	Quesadilla Corn Cantaloupe & Milk
		& Milk		& Milk	
PM Snack	SCHOOL CLOSED	Goldfish Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios



Week of June 2 to June 6<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal	,	,	,	,	,
AM Snack	Cheerios & CranGrape Juice	<mark>Oatmeal</mark> Apple Juice	<mark>Waffles</mark> & Milk	Animal Crackers & Apple Juice	English Muffin/grape jelly CranGrape Juice
Lunch	Beef, noodle Soup w/crackers Mixed Veggies Peaches & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk	Macaroni and Beef Green Beans Fruit Cocktail & Milk	Quesadillas Peas Pears & Milk	Beef, chicken noodle and veggies soup Pineapple & Milk
PM Snack	Graham Crackers & Milk	Saltine Crackers & Cheese	Cheerios & Fresh Fruit	Cheese & Wheat thins	Banana Milk Shake & Graham Crackers

Week of June 9<sup>th</sup> to June 13<sup>th</sup>

	Week of Julie 5 to Julie 15					
Meal	Monday	Tuesday	Wednesday	Thursday	Friday	
AM Snack	Goldfish Crackers & CranGrape	Bagels & Cream Cheese	<mark>Pancakes</mark> & Apple Juice	Cheerios & Milk	Graham Crackers & Cream Cheese	
Lunch	Chili Con Carne Tortilla Chips Corn Peaches & Milk	Chicken and veggies soup Saltine crackers Pears & Milk	Macaroni N' Cheese Green Beans Apples Sauce & Milk	Chicken Nuggets Corn Fruit Cocktail & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	
PM Snack	Trail Mix & Juice	Saltine Crackers & Cheese	Pretzels & Juice	Cheez Its & Grape Juice	Wheat Thins & Fresh Fruit	



Week of June 16<sup>th</sup> to June 20

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Pancakes & CranGrape Juice	Flour Tortilla w/ butter & CranGrape Juice	Cheerios & CranGrape Juice	Graham Crackers & Cream Cheese	Ritz Crackers & Apple Sauce
Lunch	Lasagna Salad Peaches & Milk	Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk	Beef and Veggie Soup Saltine Crackers Melon & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	CranGrape Juice & Wheat Thins	Goldfish Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

5

Week of June 23 to June 27

1			WEEK UI	Julie 23 to Julie 2	<u> </u>
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Bagels & Cream Cheese	<mark>Waffles</mark> &	Saltine crackers &	Goldfish	Flour
Silack	Cheese	Orange Juice	Apple Juice	crackers & Juice	Tortillas W/ Butter & Juice
Lunch	Grilled Cheese Sandwich Carrots w/Dip Pears & Milk	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Meat Loaf Mashed Potatoes Peas N' Carrots Apple Sauce & Milk	Fish Sticks Rice Mixed Vegetables Apples & Milk	Spaghetti W/meat Sauce Green Beans Peaches & Milk
PM	Chex Cereal	Trail Mix	Oranges	Ritz Crackers	Wheat Thins
Snack	& Juice	& Fresh Fruit	& Goldfish Crackers	& Peaches	& Apples

6



Mook	of lun	o 30 to	July 4th
week	OL JUIN	e 30 to	Juiv 4"

	Week of Julie 30 to July 4					
	Monday	Tuesday	Wednesday	Thursday	Friday	
Meal				-	_	
AM	Trail Mix	Orange Juice	Cheez-it	Cinnamon Toast	SCHOOL	
Snack	&	&	&	&	CLOSED	
	Pineapple Juice	Pretzels	CranGrape Juice	Milk		
	Juice					
Lunch	Turkey and	Baked Chicken		Beef & Broccoli	SCHOOL	
	Cheese	Mashed	Pizza	Rice	CLOSED	
	Sandwich	Potatoes	Salad	Peas	INDEPENDECE	
	Carrots	Peas N' Carrots	Pears	Fruit Cocktail	DAY	
	Oranges	Fruit Cocktail	& Milk	& Milk		
	& Milk	& Milk				
PM	Peaches	Graham		Goldfish crackers	SCHOOL	
Snack	&	Crackers	Bananas	&	CLOSED	
	Ritz crackers	&	&	Pineapple Juice		
		Cream Cheese	Ritz Crackers			

Week of July 7<sup>th</sup> to July 11<sup>th</sup>

			VVCCI	Or July 7 to July 1	-
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Flour Tortillas w/butter	Pancakes &	Cheerios &	Graham Crackers &	Ritz Crackers
	Grape Juice	CranGrape Juice	CranGrape Juice	Cream Cheese	& Apple Sauce
Lunch	Veggie and Rice Soup Saltine Crackers Apple Sauce & Milk	Beef and Veggie Soup Saltine Crackers Melon & Milk	Sloppy Joes Carrots w/dip Fruit Cocktail & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	ABC Crackers & Apple Juice	Goldfish Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

Items highlighted in yellow classroom cooking activities



Week of July 14th to July 18th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Animal	Oatmeal &	Graham	Trail Mix	Quesadillas
Snack	crackers	Milk	Crackers	&	& Orange Juice
	&		&	CranGrape Juice	
	Milk		Apple Juice	•	
Lunch	Chicken	Fish Sticks	Turkey & Cheese	Chili Con Carne	Baked Chicken
	Noodle Soup	Rice w/	Sandwich	Chips	Mashed Potatoes
	w/ Vegetables	broccoli	Carrots w/dip	Corn	Peas
	Crackers	Apple Sauce	Fruit Cocktail	Oranges	Peaches
	Apples	&	& Milk	&	&
	& Milk	Milk		Milk	Milk
PM	Wheat Thins	Sugar cookies	Trail Mix	Melon	Cheese
Snack	&	and Milk	&	&	&
	Juice		Fresh Fruit	Ritz Crackers	Saltine Crackers

Week of July 21 to July 25

	week of July 21 to July 25				
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Graham	Cheese	Cinnamon Toast	Cheerios	Pancakes &
Snack	Crackers	&	&	&	milk
	&	Saltine	Apple Juice	CranGrape Juice	
	Apple Juice	Crackers			
Lunch	Chicken Noodle	Meat Loaf	Spaghetti W/ meat	Chicken Nuggets	Ground Beef
	Soup	Mashed	Sauce	Tator Tots	w/ broccoli
	w/ Vegetables	Potatoes	Green Beans	Broccoli w/ dip	Mashed
	Crackers	Peas N' Carrots	Pears	Oranges	Potatoes
	Apples	Fruit Cocktail	&	&	Peaches
	& Milk	&	Milk	Milk	& Milk
		Milk			
PM		Cheerios	Chocolate Milk	Ritz Crackers	Trail Mix
Snack	Trail Mix	&	&	&	&
	&	Fresh Fruit	Animal	Peaches	Melon
	Fresh Fruit		Crackers		

Items highlighted in yellow classroom cooking activities

## **Weekly Menu**



Week of July 28<sup>th</sup> to August 1<sup>st</sup>

	Week of July 20 to August 1					
	Monday	Tuesday	Wednesday	Thursday	Friday	
Meal	-	-	-	-	-	
AM	<u>Oatmeal</u>	Ritz Crackers	Trail Mix	Cheerios	<b>Grilled Cheese</b>	
Snack	&	&	&	&	<b>Sanwich</b>	
	Milk	Apple Juice	Pineapple Juice	CranGrape	&	
				Juice	Apple Juice	
Lunch	Pizza	Beef, rice, and	Sloppy Joes	Lasagna	Baked Chicken	
	Salad	Vegetable	Baby Carrots w/	Peas	Mashed	
	Pears	Stew	dip	Fruit Cocktail	Potatoes	
	&	Crackers	Fruit Cocktail	& Milk	Peas	
	Milk	Apples	&		Peaches	
		&	Milk		&	
		Milk			Milk	
PM	Chex Cereal	Graham	Ice Cream Social	Ice Cream	Cheez It	
Snack	&	Crackers		Social	Crackers &	
	Juice	& Cream			Juice	
		Cheese				

3

August 5<sup>th</sup> to August 9<sup>th</sup>

Meal	Monday	Tuesdav	Wednesday	Thursday	Friday
AM Snack	Cereal & Bananas	Toasted English Muffin w/ jelly & Apple Juice	Wheat Thins & Orange Juice	Trail Mix & Pineapple Juice	Cinnamon Toast & Apple Juice
Lunch	Quesadillas Mixed Veggies Apples & Milk	Turkey and Cheese Sandwiches Celery Sticks w/Dip Oranges & Milk	Teriyaki Chicken Rice w/ Mixed Vegetables Pineapple & Milk	Macaroni N' Cheese Salad Pears & Milk	Chicken Nuggets Tator Tots Baby carrots w/dip Oranges & Milk
PM Snack	Graham Crackers & Fresh Fruit	Cheese & Crackers	Chex Cereal & Oranges	Ritz cackers & Fresh Fruit	Apples & Wheat Thins



Week of August 11<sup>th</sup> to Aug 15<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal	1101144	1,	,	1111111111	, , ,
AM Snack	Graham Crackers & Cream Cheese	Pancakes & Juice	Trail Mix & Orange Juice	Cheerios & Apple Juice	Flour Tortillas w/ butter & Juice
Lunch	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Carrots w/dip Oranges & Milk	Chili Con Carne Tortilla Chips Corn Oranges & Milk	Meat Loaf Mash Potatoes Peas N' Carrots Pears & Milk	Chicken Nuggets Tator Tots Green Beans Oranges & Milk	Baked Chicken Mashed Potatoes Peas Melon & Milk
PM	Goldfish	Pretzels	Ritz crackers	Juice	Milk
Snack	Crackers	&	&	&	&
	& Juice	Cheese	Apple Juice	Saltine Crackers	Animal Crackers

3

Week of August 18<sup>th</sup> to August 22

		Week of August 18" to August 22			
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Ritz Crackers	Cinnamon Toast	Bagel	Animal	Waffles
Snack	&	&	&	Crackers	&
	Fruit	Juice	Cream Cheese	&	Orange Juice
				Milk	
Lunch	Turkey &	Sloppy Joes	BBQ Chicken	Macaroni N'	Ground Beef
	Cheese	Corn	Rice	Cheese	W/ Broccoli
	Sandwich	Apples	Mixed Veggies	Green Beans	Mashed
	Carrots w/dip	& Milk	Peaches	Apples	Potatoes
	Fruit Cocktail		& Milk	& Milk	Peaches
	& Milk				& Milk
PM	Cheese	Graham	Ritz crackers and	Trail mix and	Wheat Thins
Snack	&	Crackers	Apple sauce	Fruit	&
	Saltine	&			Juice
	crackers	Milk			



Week of Aug 25<sup>th</sup> to Aug 29<sup>th</sup>

				veek of Aug 23 to Aug 29		
Meal	Monday	Tuesday	Wednesday	Thursday	Friday	
AM Snack Lunch	Trail Mix & Pineapple Juice  Fish Sticks Rice & Mixed Veggies Cantaloupe & Milk	Grilled Cheese Sandwhiches & water  Lasagna Salad Peaches & Milk	Cheerios & CranGrape Juice Beef and Veggie Soup Saltine Crackers Melon & Milk	Oatmeal & Milk  Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Ritz Crackers & Apple Sauce Quesadilla Corn Cantaloupe & Milk	
PM Snack	CranGrape Juice & Wheat Thins	Animal Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios	

		Week of Sept. 1 to Sept 5 <sup>th</sup>			
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	SCHOOL CLOSED	Waffles & Orange Juice	Saltine crackers & Apple Juice	Pancakes & Juice	Flour Tortillas W/ Butter &
					Juice
Lunch	LABOR DAY SCHOOL CLOSED	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Grilled Cheese Sandwich Carrots w/Dip Pears & Milk	Chicken Nuggets Rice Mixed Vegetables Apples & Milk	Spaghetti W/meat Sauce Green Beans Peaches & Milk
PM Snack	SCHOOL CLOSED	Trail Mix & Fresh Fruit	Oranges & Goldfish Crackers	Ritz Crackers & Peaches	Wheat Thins & Apples