

Weekly Menu



Week of May 5th to May 9th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Pancakes & CranGrape Juice	Flour Tortilla w/ butter & CranGrape Juice	Cheerios & CranGrape Juice	Graham Crackers & Cream Cheese	Ritz Crackers & Apple Sauce
Lunch	Lasagna Salad Peaches & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Beef and Veggie Soup Saltine Crackers Melon & Milk	Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	CranGrape Juice & Wheat Thins	Goldfish Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

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Week of May 12th to May 16th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Bagels & Cream Cheese	Waffles & Orange Juice	Saltine crackers & Apple Juice	Cinnamon Toast & Juice	Flour Tortillas W/ Butter & Juice
Lunch	Spaghetti W/meat Sauce Green Beans Peaches & Milk	Pizza Salad Pears & Milk	Meat Loaf Mashed Potatoes Peas N' Carrots Apple Sauce & Milk	Fish Sticks Rice Mixed Vegetables Apples & Milk	Grilled Cheese Sandwich Carrots w/Dip Pears & Milk
PM Snack	Chex Cereal & Juice	Trail Mix & Fresh Fruit	Oranges & Goldfish Crackers	Ritz Crackers & Peaches	Wheat Thins & Apples

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Items highlighted in yellow classroom cooking activities

Weekly Menu



Week of May 19th to May 23

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trail Mix & Pineapple Juice	Orange Juice & Pretzels	Flour Tortillas w/butter Grape Juice	Cheez-it & CranGrape Juice	Cinnamon Toast & Milk
Lunch	Turkey and Cheese Sandwich Carrots Oranges & Milk	Baked Chicken Mashed Potatoes Peas N' Carrots Fruit Cocktail & Milk	Veggie and Rice Soup Saltine Crackers Apple Sauce & Milk	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Beef & Broccoli Rice Peas Fruit Cocktail & Milk
PM Snack	Peaches & Ritz crackers	Graham Crackers & Cream Cheese	ABC Crackers & Apple Juice	Bananas & Ritz Crackers	Goldfish crackers & Pineapple Juice

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Week of May 26th to May 30

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	SCHOOL CLOSED	Flour Tortilla w/ butter & CranGrape Juice	Cheerios & CranGrape Juice	Graham Crackers & Cream Cheese	Ritz Crackers & Apple Sauce
Lunch	SCHOOL CLOSED Memorial Day	Beef and Veggie Soup Saltine Crackers Melon & Milk	Sloppy Joes Carrots w/dip Fruit Cocktail & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	SCHOOL CLOSED	Goldfish Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

Items highlighted in yellow classroom cooking activities

Weekly Menu



Week of June 2 to June 6th

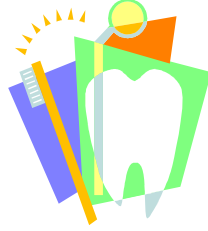
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Cheerios & CranGrape Juice	Oatmeal Apple Juice	Waffles & Milk	Animal Crackers & Apple Juice	English Muffin/grape jelly CranGrape Juice
Lunch	Beef, noodle Soup w/crackers Mixed Veggies Peaches & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk	Macaroni and Beef Green Beans Fruit Cocktail & Milk	Quesadillas Peas Pears & Milk	Beef, chicken noodle and veggies soup Pineapple & Milk
PM Snack	Graham Crackers & Milk	Saltine Crackers & Cheese	Cheerios & Fresh Fruit	Cheese & Wheat thins	Banana Milk Shake & Graham Crackers

Week of June 9th to June 13th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Goldfish Crackers & CranGrape	Bagels & Cream Cheese	Pancakes & Apple Juice	Cheerios & Milk	Graham Crackers & Cream Cheese
Lunch	Chili Con Carne Tortilla Chips Corn Peaches & Milk	Chicken and veggies soup Saltine crackers Pears & Milk	Macaroni N' Cheese Green Beans Apples Sauce & Milk	Chicken Nuggets Corn Fruit Cocktail & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk
PM Snack	Trail Mix & Juice	Saltine Crackers & Cheese	Pretzels & Juice	Cheez Its & Grape Juice	Wheat Thins & Fresh Fruit

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Weekly Menu



Week of June 16th to June 20

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Pancakes & CranGrape Juice	Flour Tortilla w/ butter & CranGrape Juice	Cheerios & CranGrape Juice	Graham Crackers & Cream Cheese	Ritz Crackers & Apple Sauce
Lunch	Lasagna Salad Peaches & Milk	Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk	Beef and Veggie Soup Saltine Crackers Melon & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	CranGrape Juice & Wheat Thins	Goldfish Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

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Week of June 23 to June 27

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Bagels & Cream Cheese	Waffles & Orange Juice	Saltine crackers & Apple Juice	Goldfish crackers & Juice	Flour Tortillas W/ Butter & Juice
Lunch	Grilled Cheese Sandwich Carrots w/Dip Pears & Milk	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Meat Loaf Mashed Potatoes Peas N' Carrots Apple Sauce & Milk	Fish Sticks Rice Mixed Vegetables Apples & Milk	Spaghetti W/meat Sauce Green Beans Peaches & Milk
PM Snack	Chex Cereal & Juice	Trail Mix & Fresh Fruit	Oranges & Goldfish Crackers	Ritz Crackers & Peaches	Wheat Thins & Apples

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Weekly Menu



Week of June 30 to July 4th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trail Mix & Pineapple Juice	Orange Juice & Pretzels	Cheez-it & CranGrape Juice	Cinnamon Toast & Milk	SCHOOL CLOSED
Lunch	Turkey and Cheese Sandwich Carrots Oranges & Milk	Baked Chicken Mashed Potatoes Peas N' Carrots Fruit Cocktail & Milk	Pizza Salad Pears & Milk	Beef & Broccoli Rice Peas Fruit Cocktail & Milk	SCHOOL CLOSED INDEPENDENCE DAY
PM Snack	Peaches & Ritz crackers	Graham Crackers & Cream Cheese	Bananas & Ritz Crackers	Goldfish crackers & Pineapple Juice	SCHOOL CLOSED

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Week of July 7th to July 11th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Flour Tortillas w/butter Grape Juice	Pancakes & CranGrape Juice	Whole grain Cheerios & CranGrape Juice	Graham Crackers & Cream Cheese	Ritz Crackers & Apple Sauce
Lunch	Veggie and Rice Soup Saltine Crackers Apple Sauce & Milk	Mac and Cheese broccoli Melon & Milk	Sloppy Joes Carrots w/dip Fresh Fruit & Milk	Chili Con Carne Chips Corn Navel Oranges & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	ABC Crackers & Apple Juice	Goldfish Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

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Weekly Menu



Week of July 14th to July 18th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Animal crackers & Milk	Oatmeal & Milk	Graham Crackers & Apple Juice	Trail Mix & CranGrape Juice	Quesadillas & Orange Juice
Lunch	Chicken Noodle Soup w/ Vegetables Crackers Apples & Milk	Fish Sticks Rice w/ broccoli Apple Sauce & Milk	Turkey & Cheese Sandwich Carrots w/dip Fresh Fruit & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk
PM Snack	Wheat Thins & Juice	Bananas & whole grain cheerios	Trail Mix & Fresh Fruit	Melon & Ritz Crackers	Cheese & Saltine Crackers

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Week of July 21 to July 25

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Scrambled eggs and Orange Juice	Cheese & Saltine Crackers	Cinnamon Toast & Apple Juice	Whole grain Cheerios & CranGrape Juice	Pancakes & milk
Lunch	Meat Loaf Mashed Potatoes Peas N' Carrots Fruit Cocktail & Milk	Chicken Noodle Soup w/ Vegetables Crackers Apples & Milk	Spaghetti W/ meat Sauce Green Beans Pears & Milk	Chicken Nuggets Tator Tots Broccoli w/ dip Oranges & Milk	Ground Beef w/ broccoli Mashed Potatoes Peaches & Milk
PM Snack	Trail Mix & Fresh Fruit	Cheerios & Fresh Fruit	Chocolate Milk & Animal Crackers	Applesauce Sundaes	Applesauce Sundaes

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Weekly Menu



Week of July 28th to August 1st

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal					
AM Snack	Oatmeal & Milk	Ritz Crackers & Apple Juice	Trail Mix & Pineapple Juice	Cheerios & CranGrape Juice	Grilled Cheese Sandwich & Apple Juice
Lunch	Mac and Cheese broccoli Melon & Milk	Beef, rice, and Vegetable Stew Crackers Apples & Milk	Sloppy Joes Baby Carrots w/ dip Fruit Cocktail & Milk	Lasagna Peas Fruit Cocktail & Milk	Baked Chicken Mashed Potatoes Peas Peaches & Milk
PM Snack	Chex Cereal & Juice	Graham Crackers & Cream Cheese	Ice Cream Social	Ice Cream Social	Cheez It Crackers & Juice

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August 5th to August 9th

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal					
AM Snack	Cereal & Bananas	Toasted English Muffin w/ jelly & Apple Juice	Wheat Thins & Orange Juice	Trail Mix & Pineapple Juice	Cinnamon Toast & Apple Juice
Lunch	Quesadillas Mixed Veggies Apples & Milk	Turkey and Cheese Sandwiches Celery Sticks w/Dip Oranges & Milk	Teriyaki Chicken Rice w/ Mixed Vegetables Pineapple & Milk	Pizza Salad Pears & Milk	Chicken Nuggets Tator Tots Baby carrots w/dip Oranges & Milk
PM Snack	Graham Crackers & Fresh Fruit	Cheese & Crackers	Chex Cereal & Oranges	Ritz cackers & Fresh Fruit	Apples & Wheat Thins

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Week of August 11th to Aug 15th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Graham Crackers & Cream Cheese	Pancakes & Juice	Trail Mix & Orange Juice	Cheerios & Apple Juice	Flour Tortillas w/ butter & Juice
Lunch	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Carrots w/dip Oranges & Milk	Chili Con Carne Tortilla Chips Corn Oranges & Milk	Meat Loaf Mash Potatoes Peas N' Carrots Pears & Milk	Chicken Nuggets Tator Tots Green Beans Oranges & Milk	Baked Chicken Mashed Potatoes Peas Melon & Milk
PM Snack	Goldfish Crackers & Juice	Pretzels & Cheese	Ritz crackers & Apple Juice	Juice & Saltine Crackers	Milk & Animal Crackers

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Week of August 18th to August 22

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Ritz Crackers & Fruit	Cinnamon Toast & Juice	Bagel & Cream Cheese	Animal Crackers & Milk	Waffles & Orange Juice
Lunch	Turkey & Cheese Sandwich Carrots w/dip Fruit Cocktail & Milk	Sloppy Joes Corn Apples & Milk	BBQ Chicken Rice Mixed Veggies Peaches & Milk	Macaroni N' Cheese Green Beans Apples & Milk	Ground Beef W/ Broccoli Mashed Potatoes Peaches & Milk
PM Snack	Cheese & Saltine crackers	Graham Crackers & Milk	Ritz crackers and Apple sauce	Trail mix and Fruit	Wheat Thins & Juice

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Weekly Menu



Week of Aug 25th to Aug 29th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trail Mix & Pineapple Juice	Grilled Cheese Sandwiches & water	Cheerios & CranGrape Juice	Oatmeal & Milk	Ritz Crackers & Apple Sauce
Lunch	Fish Sticks Rice & Mixed Veggies Cantaloupe & Milk	Lasagna Salad Peaches & Milk	Beef and Veggie Soup Saltine Crackers Melon & Milk	Teriyaki Chicken Rice Mixed Vegetables Pineapple & Milk	Quesadilla Corn Cantaloupe & Milk
PM Snack	CranGrape Juice & Wheat Thins	Animal Crackers & Apple Juice	Cheese & Saltine Crackers	Chex Cereal & Pineapple Juice	Banana Milk Shake & Cheerios

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Week of Sept. 1 to Sept 5th

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	SCHOOL CLOSED	Waffles & Orange Juice	Saltine crackers & Apple Juice	Pancakes & Juice	Flour Tortillas W/ Butter & Juice
Lunch	LABOR DAY SCHOOL CLOSED	"Make your Own Pizza" (English Muffins, Sauce, Cheese & Toppings) Salad Oranges & Milk	Grilled Cheese Sandwich Carrots w/Dip Pears & Milk	Chicken Nuggets Rice Mixed Vegetables Apples & Milk	Spaghetti W/meat Sauce Green Beans Peaches & Milk
PM Snack	SCHOOL CLOSED	Trail Mix & Fresh Fruit	Oranges & Goldfish Crackers	Ritz Crackers & Peaches	Wheat Thins & Apples

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