# Weekly Snack & Lunch Menu

Feb. 23 <sup>rd</sup> – Feb. 27 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday			
		Preschool						
	Yogurt & Apples	Graham	Herb Greek	Cube Cheese &	Cooking			
		Crackers	Yogurt Dip &	Fresh Fruit	Tortilla with			
AM Snack		& Pears	Carrots		Butter & Milk			
			Toddlers					
	Yogurt & Apples	Graham	Herb Greek	Cottage Cheese	Tortilla			
		Crackers	Yogurt Dip &	& Whole Grain	& Milk			
		& Pears	Carrots	Crackers				
	Turkey, Grilled	Mac n 'Cheese	"Chili Con	Baked Chicken,	Chicken,			
	Cheese	Mixed	Carne" Broccoli,	Brown Rice,	Vegetables and			
Lunch	Sandwich, Green	Vegetables	Apples & Milk	Carrots, Apples	Noodles			
	Beans, Oranges	Apples & Milk		& Milk	Casserole			
	& Milk				Melon & Milk			
			Preschool					
	Whole Grain	Hard Boiled Egg	Oranges &	Broccoli	Pretzels &			
	Cracker & 100%	& Wheat Thins	Cheerios	w/Ranch & Pita	Bananas			
PM Snack	Pineapple Juice			Bread				
	Toddlers							
	Whole Grain	Hard Boiled Egg	Oranges &	Broccoli	Cheerios &			
	Cracker & 100%	& Cheerios	Cheerios	w/Ranch & Pita	Bananas			
	Pineapple Juice			Bread				

March 2 <sup>nd</sup> – 6 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Cooking	Chex Cereal	Graham	Apples & Wheat	Wheat Thins &	
	Scrambled Eggs	&	Crackers & Milk	English Muffin	Fresh Fruit	
AM Snack	& Oranges	Fresh Fruit				
			Toddlers			
	Cooking	Chex Cereal	Graham	Apples & Wheat	Pita Bread &	
	Scrambled Eggs	&	Crackers &	English Muffin	Fresh Fruit	
	& Oranges	Fresh Fruit	Milk			
	Fish Sticks	Pizza,	"Make Your	Chicken	Minestrone	
	"Tater Tots"	Salad,	Own Tacos"	Quesadillas	Soup	
Lunch	Green Beans	Oranges & Milk	(Lettuce,	Mixed	Pears & Milk	
	Melon & Milk		tomatoes,	Vegetables		
			cheese and	Oranges & Milk		
			beef), Pears			
			& Milk			
			Preschool			
	Cheese &	Yogurt & Whole	Banana and Milk	Herb Greek	Hummus &	
	Wheat Thins	Grain Crackers	Smoothie	Yogurt Dip &	Celery Sticks	
PM Snack				Cucumber Slices		
	Toddlers					
	Cheese &	Yogurt & Whole	Banana and Milk	Herb Greek	Hummus &	
	Cheerios	Grain Crackers	Smoothie	Yogurt Dip &	Carrots Sticks	
				Cucumber Slices		

# Weekly Snack & Lunch Menu

March 9 <sup>th</sup> – 13 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
	Chex Cereal	Cooking	Cucumber Slices	Bagels with	Cheese Cubes &		
	& Apples	Pancakes & Milk	&	Cream Cheese &	Apples		
AM Snack			Hummus	100% Orange			
				Juice			
			Toddlers				
	Chex Cereal	Cooking	Cucumber Slices	Bagels with	Cheese Cubes &		
	&	Waffles & Milk	&	Cream Cheese &	Apples		
	Apples		Hummus	100% Orange			
				Juice			
	Chicken Nuggets	Broccoli & Beef,	Chicken Noodle	Teriyaki Chicken,	Lasagna,		
Lunch	"Tater Tots"	Potatoes,	& Veggie Soup,	Brown Rice,	Pears		
	Mixed Veggies	Pears	Melon	Mixed	& Milk		
	Oranges & Milk	& Milk	& Milk	Vegetables,			
				Oranges & Milk			
			Preschool				
	Yogurt	Cube Cheese &	Wheat English	Chex Cereal	Wheat Thins		
	& Fresh Fruit	Pretzels	Muffin	& Bananas	& Fresh Fruit		
PM Snack			& Fresh Fruit				
	Toddlers						
	Yogurt	Cube Cheese &	Wheat English	Chex Cereal	Cheerios		
	&	Whole Grain	Muffin	&	&		
	Fresh Fruit	Cracker	& Fresh Fruit	Bananas	Fresh Fruit		

March 16 <sup>th</sup> – 20 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	Cooking	Hummus &	Cereal	Graham	Chex Cereal &	
	Quesadilla	Carrots	& 100% Juice	Crackers & Milk	Apples	
AM Snack			Toddlers			
	Strips of Tortilla	Hummus &	Cereal	Graham	Chex Cereal &	
	& Cheese	Carrots	&	Crackers	Apples	
			100% Juice	& Milk		
	Turkey and	Baked Chicken,	Spaghetti with	Vegetable, Beef	Teriyaki Chicken,	
	Cheese	Mashed	Meat Sauce,	and Barley Soup,	Brown Rice,	
Lunch	Sandwich,	Potatoes, Peas,	Peas, Apples	Oranges	Mixed	
	Baby Carrots,	Melon & Milk	& Milk	& Milk	Vegetables,	
	Pears & Milk				Pears & Milk	
			Preschool			
	Apples	Wheat English	Whole Grain	Yogurt & Apples	Pita Bread	
	&	Muffin	Crackers		With Cream	
PM Snack	Hard Boiled Eggs	&	&		Cheese & 100%	
		Fresh Fruit	Oranges		Juice	
	Toddlers					
	Apples	Wheat English	Whole Grain	Yogurt & Apples	Pita Bread	
	&	Muffin	Crackers		With Cream	
	Hard Boiled Eggs	&	&		Cheese & 100%	
		Fresh Fruit	Oranges		Juice	

# Weekly Snack & Lunch Menu

March 30 <sup>th</sup> – April 3 <sup>rd</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	Whole Grain	Cinnamon Greek	Cooking	SCHOOL CLOSED	Cheese Cubes &	
	Cracker & 100&	Yogurt Dip &	Waffles & Milk		Fresh Fruit	
AM Snack	Pineapple Juice	Apples				
			Toddlers			
	Whole Grain	Cinnamon Greek	Cooking	SCHOOL CLOSED	Cottage Cheese	
	Cracker & 100&	Yogurt Dip &	Waffles & Milk		& Whole Grain	
	Pineapple Juice	Apples			Crackers	
	Split Pea Soup	BBQ Chicken,	<b>Ground Beef</b>	SCHOOL CLOSED	"Make Your	
Lunch	with Carrots	Brown Rice,	with Broccoli,		Own Tacos"	
	Melon & Milk	Green Beans,	Brown Rice,		(Lettuce,	
		Oranges & Milk	Melon & Milk		tomatoes,	
					cheese and	
					chicken),	
					Oranges & Milk	
	Preschool					
	Yogurt & Apples	Cheese Cubes &	Oranges &	SCHOOL CLOSED	Pretzels	
		Pears	Wheat Thins		&Bananas	
PM Snack						
	Toddlers					
	Yogurt & Apples	Cheese Cubes &	Oranges &	SCHOOL CLOSED	Graham	
		Pears	Cheerios		Crackers	
					& Bananas	

April 6 <sup>th</sup> – 10 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	Chex Cereal &	Cube Cheese &	Cucumber Slices	Cooking	Graham	
	Fresh Fruit	Pita Bread	& Whole Grain	Scrambled Eggs	Crackers &	
AM Snack			Crackers	& Milk	Apples	
			Toddlers			
	Chex Cereal &	Cube Cheese &	Cucumber Slices	Cooking	Graham	
	Fresh Fruit	Pita Bread	& Whole Grain	Scrambled Eggs	Crackers &	
			Crackers	& Milk	Apples	
	Grilled Cheese	Chicken, Noodle	Vegetable ,Beef	Quesadillas	Chicken, Stir Fry	
Lunch	Sandwich,	and Vegetables	& Rice Soup,	Mixed	Vegetables,	
	Green Beans,	Casserole,	Apples & Milk	Vegetables	Pears & Milk	
	Apples & Milk	Apples & Milk		Pears & Milk		
	Preschool					
	Wheat Thins &	Banana and Milk	Chex Cereal &	100% Juice &	Hummus &	
	100% Grape	Smoothie	Oranges	Pretzels	Celery	
PM Snack	Juice	w/Oats				
	Toddlers					
	Wheat Thins &	Banana and Milk	Chex Cereal &	100% Juice &	Hummus &	
	100% Grape	Smoothie	Oranges	Cereal	Carrots	
	Juice	w/Oats				

# Weekly Snack & Lunch Menu

April 8 <sup>th</sup> – 12 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Wheat Thins &	Oranges &	Bagel,	Cooking	Yogurt & Fresh	
	Fresh Fruit	Wheat English	Cream Cheese &	Toast with	Fruit	
AM Snack		Muffin	100% Orange	Butter & Fresh		
			Juice	Fruit		
			Toddlers			
	Wheat Thins &	Oranges &	Bagel,		Yogurt & Fresh	
	Fresh Fruit	Wheat English	Cream Cheese	Strips of Bread &	Fruit	
		Muffin	& 100% Orange	Fresh Fruit		
			Juice			
	Turkey and	Split Pea Soup	Baked Chicken,	Pizza, Salad,	Spaghetti with	
Lunch	Cheese	with carrots,	Brown Rice,	Apples & Milk	Meat Sauce,	
	Sandwich,	Apples & Milk	Mixed Veggies,		Peas, Apples &	
	Celery with		Oranges & Milk		Milk	
	Ranch, Melon &					
	Milk					
			Preschool			
	Cheese Cubes &	Graham	Broccoli with	Chex Cereal &	Carrots sticks &	
	Pretzels	Crackers &	Ranch & Pita	Bananas	Herb Greek	
PM Snack		Melon	Bread		Yogurt Dip	
	Toddlers					
	Cheese Cubes &	Graham	Broccoli with	Chex Cereal &	Carrots sticks &	
	Whole Grain	Crackers &	Ranch & Pita	Bananas	Herb Greek	
	Crackers	Melon	Bread		Yogurt Dip	

April 15 <sup>th</sup> – 19 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Cereal	Hummus &	Cooking	Chex Cereal &	Graham	
	&	Carrots	Oatmeal & Milk	Milk	Crackers & Fresh	
AM Snack	100% Juice				Fruit	
			Toddlers			
	Cereal &100%	Hummus &	Cooking	Chex Cereal &	Graham	
	Juice	Carrots	Oatmeal & Milk	Milk	Crackers & Fresh	
					Fruit	
	Chicken Nuggets	Meat Loaf	Lentil Soup,	Baked Chicken,	Macaroni &	
Lunch	"Tater Tots"	Brown Rice	Melon & Milk	Mashed	Beef, Peas,	
	Carrots, Fresh	Broccoli,		Potatoes, Mixed	Apples & Milk	
	Fruit & Milk	Melon& Milk		Vegetables,		
				Pears & Milk		
	Preschool					
	Whole Grain	Wheat English	Greek Yogurt	Wheat Thins &	Pretzels &	
	Crackers &	Muffin &	Cinnamon Dip &	Pears	Cheese	
PM Snack	Oranges	Tomato Salad	Apples			
	Toddlers					
	Whole Grain	Wheat English	Greek Yogurt	Cereal & Pears	Whole Grain	
	Crackers &	Muffin &	Cinnamon Dip &		Crackers &	
	Oranges	Tomato Salad	Apples		Cheese	

Water is served throughout the day and with lunch and snacks-Menu Subject to Change