Weekly Snack & Lunch Menu

Mar. 21 st -25th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool		·	
	Whole Grain	Cinnamon Greek	Cheerios &	Hummus &	Cooking	
	Cracker & Fresh	Yogurt Dip &	Fresh Fruit	Carrots	Waffles & Milk	
AM Snack	Fruit	Apples				
			Infant & Toddlers			
	Whole Grain	Cinnamon Greek	Cheerios &	Hummus &	Cooking	
	Cracker & Fresh	Yogurt Dip &	Fresh Fruit	Carrots	Waffles & Milk	
	Fruit	Apples				
	Split Pea Soup	Cucumber and	Ground Beef	Chicken,	"Make Your	
Lunch	with Carrots,	Cream Cheese	with Broccoli,	Veggies and	Own Tacos"	
	Tortilla,	Sandwich	Brown Rice,	Rice Soup,	(Lettuce,	
	Melon & Milk	Oranges & Milk	Melon & Milk	Apples & Milk	tomatoes, cheese	
					and chicken),	
					Oranges & Milk	
	Preschool					
	Yogurt &	Cheese Cubes &	Oranges &	Pears & Pita	Pretzels	
	Apples	Pears	Multi-Grain	Bread	&Bananas	
PM Snack			Rice Crackers			
			Infant & Toddlers			
	Yogurt &	Cheese Cubes &	Oranges &	Pears & Pita	Graham	
	Apples	Pears	Multi-Grain	Bread	Crackers	
			Rice Crackers		& Bananas	

Mar.28th-April 1st	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Whole Grain	Cube Cheese &	English Muffin	Cooking	School	
	Crackers &	Pita Bread	& Yogurt	Scrambled Eggs	Closed	
AM Snack	Fresh Fruit			& Milk		
			Infant & Toddlers			
	Whole Grain	Cube Cheese &	English Muffin	Cooking	School	
	Crackers &	Pita Bread	& Yogurt	Scrambled Eggs	Closed	
	Fresh Fruit			& Milk		
	Grilled Cheese	Chicken, Noodle	Vegetable ,Beef	Quesadillas	School	
Lunch	Sandwich,	and Vegetables	& Rice Soup,	Mixed	Closed	
	Green Beans,	Casserole,	Apples & Milk	Vegetables		
	Apples & Milk	Apples & Milk		Pears & Milk		
	Preschool					
	Cheerios &	Graham	Fresh Fruit &	Banana and Milk	School	
	100% Grape	Crackers &	Pretzels	Smoothie	Closed	
PM Snack	Juice	Oranges		w/Oats		
	Infant & Toddlers					
	Cheerios &	Graham	Fresh Fruit &	Banana and Milk	School	
	100% Grape	Crackers &	Cereal	Smoothie	Closed	
	Juice	Oranges		w/Oats		

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Weekly Snack & Lunch Menu

April 4 th -8th	Monday	Tuesday	Wednesday	Thursday	Friday	
•	•	· · · ·	Preschool		•	
	Graham	Cooking	Cucumber Slices	Bagels with	Pita Bread &	
	Crackers	Pancakes &	&	Cream Cheese &	Apples	
AM Snack	& Apples	Milk	Hummus	100% Orange		
				Juice		
			Infant & Toddlers			
	Graham	Cooking	Cucumber Slices	Bagels with	Pita Bread &	
	Crackers	Waffles & Milk	&	Cream Cheese &	Apples	
	&		Hummus	100% Orange		
	Apples			Juice		
	Chicken	Broccoli & Beef,	Chicken Noodle	Teriyaki	Lasagna,	
Lunch	Nuggets	Potatoes,	& Veggie Soup,	Chicken,	Pears	
	"Tater Tots"	Pears	Melon	Brown Rice,	& Milk	
	Mixed Veggies	& Milk	& Milk	Green Beans,		
	Oranges & Milk			Oranges & Milk		
			Preschool			
	Yogurt	Cube Cheese &	Wheat English	Multi-Grain	Cheerios	
	& Fresh Fruit	Pretzels	Muffin	Rice Crackers	& Fresh Fruit	
PM Snack			& Fresh Fruit	& Bananas		
	Infant & Toddlers					
	Yogurt	Cube Cheese &	Wheat English	Multi-Grain	Cheerios	
	&	Whole Grain	Muffin	Rice Crackers	&	
	Fresh Fruit	Cracker	& Fresh Fruit	&	Fresh Fruit	
				Bananas		

April 11 th -15th	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	Cereal & 100%	Hummus &	Cooking	Graham	Cheese Cubes &	
	Juice	Carrots	Quesadilla	Crackers & Milk	Apples	
AM Snack	AM Snack Infant & Toddlers					
		Hummus &	Strips of Tortilla	Graham	Cheese Cubes &	
	Cereal & 100%	Carrots	& Cheese	Crackers	Apples	
	Juice			& Milk		
		Lentil Soup,	Spaghetti with	Vegetable, Beef	Mac & Cheese,	
		Tortilla,	Meat Sauce,	and Rice Soup,	Mixed	
Lunch	Lentil Soup,	Baby Carrots,	Peas, Apples	Oranges	Vegetables,	
	Tortilla,	Pears & Milk	& Milk	& Milk	Pears & Milk	
	Baby Carrots,					
	Pears & Milk					
			Preschool			
		Wheat English	Whole Grain	Yogurt &	Pita Bread	
	Apples & Hard	Muffin	Crackers	Apples	With Cream	
PM Snack	Boiled Eggs	&	&		Cheese	
		Fresh Fruit	Oranges			
	Infant & Toddlers					
		Wheat English	Whole Grain	Yogurt &	Pita Bread	
	Apples & Hard	Muffin	Crackers	Apples	With Cream	
	Boiled Eggs	&	&		Cheese	
		Fresh Fruit	Oranges			

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Weekly Snack & Lunch Menu

April 18 th -22nd	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Yogurt &	Graham	Herb Greek	Cube Cheese &	Cooking	
	Apples	Crackers	Yogurt Dip &	Fresh Fruit	Tortilla with	
AM Snack		& Pears	Carrots		Butter & Milk	
			Infant & Toddlers			
	Yogurt &	Graham	Herb Greek	Cottage Cheese	Tortilla	
	Apples	Crackers	Yogurt Dip &	& Whole Grain	& Milk	
		& Pears	Carrots	Crackers		
	Turkey, Grilled	Pizza,	"Chili Con	Baked Chicken,	Chicken,	
	Cheese	Salad,	Carne" Broccoli,	Brown Rice,	Vegetables and	
Lunch	Sandwich, Green	Oranges & Milk	Apples & Milk	Carrots, Melon	Noodles	
	Beans, Oranges			& Milk	Casserole	
	& Milk				Melon & Milk	
			Preschool			
	Whole Grain	Hard Boiled Egg	Oranges &	Hummus & Pita	Pretzels &	
	Cracker & 100%	& Cheerios	Cheerios	Bread	Bananas	
PM Snack	Pineapple Juice					
		Infant & Toddlers				
	Whole Grain	Hard Boiled Egg	Oranges &	Hummus & Pita	Cheerios &	
	Cracker &	& Cheerios	Cheerios	Bread	Bananas	
	Cottage Cheese					

April 25 th -29th	Monday	Tuesday	Wednesday	Thursday	Friday
			Preschool		
	Multi-Grain	Cooking	Graham	Apples & Wheat	Pita Bread &
	Rice Crackers	Scrambled Eggs	Crackers & Milk	English Muffin	Fresh Fruit
AM Snack	&	& Oranges			
	Fresh Fruit				
			Infant & Toddlers		
	Multi-Grain	Cooking	Graham	Apples & Wheat	Pita Bread &
	Rice Crackers	Scrambled Eggs	Crackers &	English Muffin	Fresh Fruit
	&	& Oranges	Milk		
	Fresh Fruit				
	Fish Sticks	Mac n 'Cheese	Chicken	"Make Your	Minestrone Soup
	"Tater Tots"	Mixed	Quesadillas,	Own Tacos"	Pears & Milk
Lunch	Green Beans	Vegetables	Peas	(Lettuce,	
	Melon & Milk	Apples & Milk	Oranges & Milk	tomatoes, cheese	
				and beef), Pears	
				& Milk	
			Preschool		
	Cheese &	Yogurt & Whole	Banana, Oats	Herb Greek	Hummus &
	Cheerios	Grain Crackers	and Milk	Yogurt Dip &	Carrot Sticks
PM Snack			Smoothie	Cucumber Slices	
			Infant & Toddlers		
	Cheese &	Yogurt & Whole	Banana, Oats	Herb Greek	Hummus &
	Cheerios	Grain Crackers	and Milk	Yogurt Dip &	Carrot Sticks
			Smoothie	Cucumber Slices	

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Weekly Snack & Lunch Menu

May 2 nd -6th	Monday	Tuesday	Wednesday	Thursday	Friday
v	•	<i>.</i>	Preschool	2	e e
	Multi-Grain	Oranges &	Bagel,	Cooking	Yogurt & Fresh
	Rice Crackers &	Wheat English	Cream Cheese	Toast with	Fruit
AM Snack	Fresh Fruit	Muffin	& 100% Orange	Butter &	
			Juice	Fresh Fruit	
			Infant & Toddlers		
	Multi-Grain	Oranges &	Bagel,		Yogurt & Fresh
	Rice Crackers &	Wheat English	Cream Cheese	Strips of Bread	Fruit
	Fresh Fruit	Muffin	& 100% Orange	& Fresh Fruit	
			Juice		
	Turkey and	Split Pea Soup	Baked Chicken,	Pizza, Salad,	Spaghetti with
Lunch	Cheese	with carrots,	Brown Rice,	Apples & Milk	Meat Sauce,
	Sandwich,	Apples & Milk	Mixed Veggies,		Peas, Apples &
	Carrots, Melon		Oranges & Milk		Milk
	& Milk				
			Preschool		
	Cheese Cubes &	Graham	Hummus & Pita	Cheerios &	Carrots sticks &
	Pretzels	Crackers	Bread	Bananas	Herb Greek
PM Snack		&			Yogurt Dip
		Melon			
			Infant & Toddlers		
	Cheese Cubes &	Graham	Hummus & Pita	Cheerios &	Carrots sticks &
	Whole Grain	Crackers	Bread	Bananas	Herb Greek
	Crackers	&			Yogurt Dip
		Melon			

May 9 th -13 th	Monday	Tuesday	Wednesday	Thursday	Friday			
	Preschool							
	Cereal	Hummus &	Cooking	Cheerios &	Graham			
	&	Carrots	Oatmeal & Milk	Pears	Crackers			
AM Snack	100% Juice				& Fresh Fruit			
			Infant & Toddlers					
	Cereal	Hummus &	Cooking	Cheerios &	Graham			
	&	Carrots	Oatmeal & Milk	Pears	Crackers			
	100% Juice				& Fresh Fruit			
	Chicken	Meat Loaf	Lentil Soup,	BBQ Chicken,	Macaroni &			
Lunch	Nuggets	Brown Rice	Carrots, Tortilla,	Mashed	Beef,			
	"Tater Tots"	Green Beans	Melon & Milk	Potatoes,	Peas,			
	Carrots, Fresh	Melon		Mixed	Apples			
	Fruit & Milk	& Milk		Vegetables,	& Milk			
				Pears				
				& Milk				
		Preschool						
	Whole Grain	Wheat English	Greek Yogurt	Banana & Milk	Pretzels &			
	Crackers &	Muffin & Cream	Cinnamon Dip		Cheese			
PM Snack	Oranges	Cheese	& Apples					
	Infant & Toddlers							
	Whole Grain	Wheat English	Greek Yogurt	Banana & Milk	Whole Grain			
	Crackers &	Muffin & Cream	Cinnamon Dip		Crackers &			
	Oranges	Cheese	& Apples		Cheese			

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