Weekly Snack & Lunch Menu

May 16 th -20th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Whole Grain	Cinnamon Greek	Cheerios &	Hummus &	Cooking	
	Cracker & Fresh	Yogurt Dip &	Fresh Fruit	Carrots	Waffles & Milk	
AM Snack	Fruit	Apples				
			Infant & Toddlers			
	Whole Grain	Cinnamon Greek	Cheerios &	Hummus &	Cooking	
	Cracker & Fresh	Yogurt Dip &	Fresh Fruit	Carrots	Waffles & Milk	
	Fruit	Apples				
	Split Pea Soup	Cucumber and	Ground Beef	Chicken,	"Make Your	
Lunch	with Carrots,	Cream Cheese	with Broccoli,	Veggies and	Own Tacos"	
	Tortilla,	Sandwich	Brown Rice,	Rice Soup,	(Lettuce,	
	Melon & Milk	Oranges & Milk	Melon & Milk	Apples & Milk	tomatoes, cheese	
					and chicken),	
					Oranges & Milk	
	Preschool					
	Yogurt &	Cheese Cubes &	Oranges &	Pears & Pita	Pretzels	
	Apples	Pears	Multi-Grain	Bread	&Bananas	
PM Snack			Rice Crackers			
		I.	Infant & Toddlers			
	Yogurt &	Cheese Cubes &	Oranges &	Pears & Pita	Graham	
	Apples	Pears	Multi-Grain	Bread	Crackers	
			Rice Crackers		& Bananas	

May 23 rd -27 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Whole Grain	Cube Cheese &	English Muffin	Cooking	Graham	
	Crackers &	Pita Bread	& Yogurt	Scrambled Eggs	Crackers &	
AM Snack	Fresh Fruit			& Milk	Apples	
			Infant & Toddlers			
	Whole Grain	Cube Cheese &	English Muffin	Cooking	Graham	
	Crackers &	Pita Bread	& Yogurt	Scrambled Eggs	Crackers &	
	Fresh Fruit			& Milk	Apples	
	Grilled Cheese	Chicken, Noodle	Vegetable ,Beef	Quesadillas	Chicken, Stir	
Lunch	Sandwich.	and Vegetables	& Rice Soup,	Mixed	Fry Vegetables,	
Lunch	,	_	1			
	Green Beans,	Casserole,	Apples & Milk	Vegetables	Rice, Pears &	
	Apples & Milk	Apples & Milk		Pears & Milk	Milk	
	Preschool					
	Cheerios &	Graham	Fresh Fruit &	Banana and Milk	Hummus &	
	100% Grape	Crackers &	Pretzels	Smoothie	Carrots	
PM Snack	Juice	Oranges		w/Oats		
			Infant & Toddlers			
	Cheerios &	Graham	Fresh Fruit &	Banana and Milk	Hummus &	
	100% Grape	Crackers &	Cereal	Smoothie	Carrots	
	Juice	Oranges		w/Oats		

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily Menu Subject to Change

Weekly Snack & Lunch Menu

May 30 th –June 3 rd	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
		Graham	Cucumber Slices	Bagels with	Pita Bread &	
	School	Crackers &	&	Cream Cheese &	Apples	
AM Snack	Closed	Apples	Hummus	100% Orange		
				Juice		
			Infant & Toddlers			
		Graham	Cucumber Slices	Bagels with	Pita Bread &	
	School	Crackers &	&	Cream Cheese &	Apples	
	Closed	Apples	Hummus	100% Orange		
				Juice		
		Chicken	Chicken Noodle	Teriyaki	Lasagna,	
Lunch		Nuggets	& Veggie Soup,	Chicken,	Pears	
	School	"Tater Tots"	Melon	Brown Rice,	& Milk	
	Closed	Mixed Veggies	& Milk	Green Beans,		
		Oranges & Milk		Oranges & Milk		
	Preschool					
		Yogurt	Wheat English	Multi-Grain	Cheerios	
	School	& Fresh Fruit	Muffin	Rice Crackers	& Fresh Fruit	
PM Snack	Closed		& Fresh Fruit	& Bananas		
			Infant & Toddlers			
		Yogurt	Wheat English	Multi-Grain	Cheerios	
	School	& Fresh Fruit	Muffin	Rice Crackers	&	
	Closed		& Fresh Fruit	&	Fresh Fruit	
				Bananas		

June 6 th -10 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Cereal	Hummus &	Cooking	Graham	Cheese Cubes &	
	& 100% Juice	Carrots	Quesadilla	Crackers & Milk	Apples	
AM Snack	Infant & Toddlers					
	Cereal	Hummus &	Strips of Tortilla	Graham	Cheese Cubes &	
	&	Carrots	& Cheese	Crackers	Apples	
	100% Juice			& Milk		
	Lentil Soup,	Baked Chicken,	Spaghetti with	Vegetable, Beef	Mac & Cheese,	
	Tortilla,	Mashed	Meat Sauce,	and Rice Soup,	Mixed	
Lunch	Baby Carrots,	Potatoes, Green	Peas, Apples	Oranges	Vegetables,	
	Pears & Milk	Beans, Melon &	& Milk	& Milk	Pears & Milk	
		Milk				
	Preschool					
	Apples	Wheat English	Whole Grain	Yogurt &	Pita Bread	
	&	Muffin	Crackers	Apples	With Cream	
PM Snack	Hard Boiled	&	&		Cheese	
	Eggs	Fresh Fruit	Oranges			
	Infant & Toddlers					
	Apples	Wheat English	Whole Grain	Yogurt &	Pita Bread	
	&	Muffin	Crackers	Apples	With Cream	
	Hard Boiled	&	&		Cheese	
	Eggs	Fresh Fruit	Oranges			

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Weekly Snack & Lunch Menu

June 13 th -17 th	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	Yogurt &	Graham	Herb Greek	Cube Cheese &	Cooking	
	Apples	Crackers	Yogurt Dip &	Fresh Fruit	Tortilla with	
AM Snack		& Pears	Carrots		Butter & Milk	
	Infant & Toddlers					
	Yogurt &	Graham	Herb Greek	Cottage Cheese	Tortilla	
	Apples	Crackers	Yogurt Dip &	& Whole Grain	& Milk	
		& Pears	Carrots	Crackers		
	Turkey, Grilled	Pizza,	"Chili Con	Baked Chicken,	Chicken,	
	Cheese	Salad,	Carne" Broccoli,	Brown Rice,	Vegetables and	
Lunch	Sandwich, Green	Oranges & Milk	Apples & Milk	Carrots, Melon	Noodles	
	Beans, Oranges			& Milk	Casserole	
	& Milk				Melon & Milk	
	Preschool					
	Whole Grain	Hard Boiled Egg	Oranges &	Hummus & Pita	Pretzels &	
	Cracker & 100%	& Cheerios	Cheerios	Bread	Bananas	
PM Snack	Pineapple Juice					
			Infant & Toddlers		Tortilla with Butter & Milk Tortilla & Milk Chicken, Vegetables and Noodles Casserole Melon & Milk Pretzels &	
	Whole Grain	Hard Boiled Egg	Oranges &	Hummus & Pita	Cheerios &	
	Cracker &	& Cheerios	Cheerios	Bread	Bananas	
	Cottage Cheese					

June 20 th – 24 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Multi-Grain	Cooking	Graham	Apples & Wheat	Pita Bread &	
	Rice Crackers	Scrambled Eggs	Crackers & Milk	English Muffin	Fresh Fruit	
AM Snack	&	& Oranges				
	Fresh Fruit					
			Infant & Toddlers			
	Multi-Grain	Cooking	Graham	Apples & Wheat	Pita Bread &	
	Rice Crackers	Scrambled Eggs	Crackers &	English Muffin	Fresh Fruit	
	&	& Oranges	Milk			
	Fresh Fruit					
	Fish Sticks	Mac n 'Cheese	Chicken	"Make Your	Minestrone Soup	
	"Tater Tots"	Mixed	Quesadillas,	Own Tacos"	Pears & Milk	
Lunch	Green Beans	Vegetables	Peas	(Lettuce,		
	Melon & Milk	Apples & Milk	Oranges & Milk	tomatoes, cheese		
				and beef), Pears		
				& Milk		
	Preschool					
	Cheese &	Yogurt & Whole	Banana, Oats	Herb Greek	Hummus &	
	Cheerios	Grain Crackers	and Milk	Yogurt Dip &	Carrot Sticks	
PM Snack			Smoothie	Cucumber Slices		
	Infant & Toddlers					
	Cheese &	Yogurt & Whole	Banana, Oats	Herb Greek	Hummus &	
	Cheerios	Grain Crackers	and Milk	Yogurt Dip &	Carrot Sticks	
			Smoothie	Cucumber Slices		

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Weekly Snack & Lunch Menu

June 27 th –July 1 st	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
	Multi-Grain	Oranges &	Bagel,	Cooking	Yogurt & Fresh		
	Rice Crackers &	Wheat English	Cream Cheese	Toast with	Fruit		
AM Snack	Fresh Fruit	Muffin	& 100% Orange	Butter &			
			Juice	Fresh Fruit			
			Infant & Toddlers				
	Multi-Grain	Oranges &	Bagel,		Yogurt & Fresh		
	Rice Crackers &	Wheat English	Cream Cheese	Strips of Bread	Fruit		
	Fresh Fruit	Muffin	& 100% Orange	& Fresh Fruit			
			Juice				
	Turkey and	Split Pea Soup	Baked Chicken,	Pizza, Salad,	Spaghetti with		
Lunch	Cheese	with carrots,	Brown Rice,	Apples & Milk	Meat Sauce,		
	Sandwich,	Apples & Milk	Mixed Veggies,		Peas, Apples &		
	Carrots, Melon		Oranges & Milk		Milk		
	& Milk						
	Preschool						
	Cheese Cubes &	Graham	Hummus & Pita	Cheerios &	Carrots sticks &		
	Pretzels	Crackers	Bread	Bananas	Herb Greek		
PM Snack		&			Yogurt Dip		
		Melon					
	Infant & Toddlers						
	Cheese Cubes &	Graham	Hummus & Pita	Cheerios &	Carrots sticks &		
	Whole Grain	Crackers	Bread	Bananas	Herb Greek		
	Crackers	&			Yogurt Dip		
		Melon					

July 4 th -8 th	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
		Hummus &	Cooking	Cheerios &	Graham	
	School Closed	Carrots	Oatmeal & Milk	Pears	Crackers	
AM Snack					& Fresh Fruit	
			Infant & Toddlers			
		Hummus &	Cooking	Cheerios &	Graham	
	School Closed	Carrots	Oatmeal & Milk	Pears	Crackers	
					& Fresh Fruit	
		Chicken	Lentil Soup,	BBQ Chicken,	Macaroni &	
Lunch		Nuggets	Carrots, Tortilla,	Mashed	Beef,	
	School Closed	"Tater Tots"	Melon & Milk	Potatoes,	Peas,	
		Carrots, Fresh		Mixed	Apples	
		Fruit & Milk		Vegetables,	& Milk	
				Pears		
				& Milk		
		1	Preschool			
		Wheat English	Greek Yogurt	Banana & Milk	Pretzels &	
	School Closed	Muffin & Cream	Cinnamon Dip		Cheese	
PM Snack		Cheese	& Apples			
		_	Infant & Toddlers			
		Wheat English	Greek Yogurt	Banana & Milk	Whole Grain	
	School Closed	Muffin & Cream	Cinnamon Dip		Crackers &	
		Cheese	& Apples		Cheese	

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