Feb. 20th-24th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	SCHOOL	Cinnamon Greek	Cheerios &	Hummus &	Cooking	
	CLOSED	Yogurt Dip &	Fresh Fruit	Carrots	Waffles & Milk	
AM Snack		Apples				
			Infant & Toddlers			
	PRESIDENTS	Cinnamon Greek	Cheerios &	Hummus &	Cooking	
	DAY	Yogurt Dip &	Fresh Fruit	Carrots	Waffles & Milk	
		Apples				
	PRESIDENTS	Cucumber and	Ground Beef	Chicken,	"Make Your	
Lunch	DAY	Cream Cheese	with Broccoli,	Veggies and	Own Tacos"	
		Sandwich	Brown Rice,	Rice Soup,	(Lettuce,	
		Oranges & Milk	Melon & Milk	Apples & Milk	tomatoes, cheese	
					and chicken),	
					Oranges & Milk	
	Preschool					
	SCHOOL	Cheese Cubes &	Oranges &	Pears & Pita	Pretzels	
	CLOSED	Pears	Multi-Grain	Bread	&Bananas	
PM Snack			Rice Crackers			
			Infant & Toddlers			
	SCHOOL	Cheese Cubes &	Oranges &	Pears & Pita	Graham	
	CLOSED	Pears	Multi-Grain	Bread	Crackers	
			Rice Crackers		& Bananas	

Feb. 27 <sup>th</sup> -March 3rd	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
	Whole Grain	Cube Cheese &	English Muffin	Cooking	Graham		
	Crackers &	Pita Bread	& Yogurt	Scrambled Eggs	Crackers &		
AM Snack	Fresh Fruit			& Milk	Apples		
			Infant & Toddlers				
	Whole Grain	Cube Cheese &	English Muffin	Cooking	Graham		
	Crackers &	Pita Bread	& Yogurt	Scrambled Eggs	Crackers &		
	Fresh Fruit			& Milk	Apples		
	Grilled Cheese	Chicken, Noodle	Vegetable ,Beef	Quesadillas	Chicken, Stir		
Lunch	Sandwich,	and Vegetables	& Rice Soup,	Mixed	Fry Vegetables,		
	Green Beans,	Casserole,	Apples & Milk	Vegetables	Rice, Pears &		
	Apples & Milk	Apples & Milk		Pears & Milk	Milk		
	Preschool						
	Cheerios &	Graham	Fresh Fruit &	Banana and Milk	Hummus &		
	100% Grape	Crackers &	Pretzels	Smoothie	Carrots		
PM Snack	Juice	Oranges		w/Oats			
			Infant & Toddlers				
	Cheerios &	Graham	Fresh Fruit &	Banana and Milk	Hummus &		
	100% Grape	Crackers &	Cereal	Smoothie	Carrots		
	Juice	Oranges		w/Oats			

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily Menu Subject to Change

March 6 <sup>th</sup> – 10 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Graham	Cooking	Cucumber Slices	Bagels with	Pita Bread &	
	Crackers	Pancakes &	&	Cream Cheese &	Apples	
AM Snack	& Apples	Milk	Hummus	100% Orange		
				Juice		
			Infant & Toddlers			
	Graham	Cooking	Cucumber Slices	Bagels with	Pita Bread &	
	Crackers	Waffles & Milk	&	Cream Cheese &	Apples	
	&		Hummus	100% Orange		
	Apples			Juice		
	Chicken	Broccoli & Beef,	Chicken Noodle	Teriyaki	Lasagna,	
Lunch	Nuggets	Potatoes,	& Veggie Soup,	Chicken,	Pears	
	"Tater Tots"	Pears	Melon	Brown Rice,	& Milk	
	Mixed Veggies	& Milk	& Milk	Green Beans,		
	Oranges & Milk			Oranges & Milk		
	Preschool					
	Yogurt	Cube Cheese &	Wheat English	Multi-Grain	Cheerios	
	& Fresh Fruit	Pretzels	Muffin	Rice Crackers	& Fresh Fruit	
PM Snack			& Fresh Fruit	& Bananas		
			Infant & Toddlers			
	Yogurt	Cube Cheese &	Wheat English	Multi-Grain	Cheerios	
	&	Whole Grain	Muffin	Rice Crackers	&	
	Fresh Fruit	Cracker	& Fresh Fruit	&	Fresh Fruit	
				Bananas		

March 13 <sup>th</sup> – 17 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Cereal	Hummus &	Cooking	Graham	Cheese Cubes &	
	& 100% Juice	Carrots	Quesadilla	Crackers & Milk	Apples	
AM Snack	Infant & Toddlers					
	Cereal	Hummus &	Strips of Tortilla	Graham	Cheese Cubes &	
	&	Carrots	& Cheese	Crackers	Apples	
	100% Juice			& Milk		
	Lentil Soup,	Baked Chicken,	Spaghetti with	Vegetable, Beef	Mac & Cheese,	
	Tortilla,	Mashed	Meat Sauce,	and Rice Soup,	Mixed	
Lunch	Baby Carrots,	Potatoes, Green	Peas, Apples	Oranges	Vegetables,	
	Pears & Milk	Beans, Melon &	& Milk	& Milk	Pears & Milk	
		Milk				
	Preschool					
	Apples	Wheat English	Whole Grain	Yogurt &	Pita Bread	
	&	Muffin	Crackers	Apples	With Cream	
PM Snack	Hard Boiled	&	&		Cheese	
	Eggs	Fresh Fruit	Oranges			
	Infant & Toddlers					
	Apples	Wheat English	Whole Grain	Yogurt &	Pita Bread	
	&	Muffin	Crackers	Apples	With Cream	
	Hard Boiled	&	&		Cheese	
	Eggs	Fresh Fruit	Oranges			

Menu Subject to Change

March 20 <sup>th</sup> -24 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Yogurt &	Graham	Herb Greek	Cube Cheese &	Cooking		
	Apples	Crackers	Yogurt Dip &	Fresh Fruit	Tortilla with		
AM Snack		& Pears	Carrots		Butter & Milk		
			<b>Infant &amp; Toddlers</b>	school O Greek Tr Dip & Fresh Fruit O Greek Tr Dip & Fresh Fruit O Greek Tr Dip & Tortilla with Butter & Milk  Toddlers O Greek Tr Dip & Whole Grain Crackers Ilili Con Baked Chicken, Broccoli, Brown Rice, S & Milk Carrots, Melon & Milk Casserole Melon & Milk  School  Inges & Hummus & Pita Bread  R Toddlers  Caoking Tortilla with Butter & Milk Wilk Chicken, Vegetables and Noodles Casserole Melon & Milk  School  Reerios  R Toddlers			
	Yogurt &	Graham	Herb Greek	Cottage Cheese	Tortilla		
	Apples	Crackers	Yogurt Dip &	& Whole Grain	& Milk		
		& Pears	Carrots	Crackers			
	Turkey, Grilled	Pizza,	"Chili Con	Baked Chicken,	Chicken,		
	Cheese	Salad,	Carne" Broccoli,	Brown Rice,	Vegetables and		
Lunch	Sandwich, Green	Oranges & Milk	Apples & Milk	Carrots, Melon	Noodles		
	Beans, Oranges			& Milk	Casserole		
	& Milk				Melon & Milk		
	Preschool						
	Whole Grain	Hard Boiled Egg	Oranges &	Hummus & Pita	Pretzels &		
	Cracker &	& Cheerios	Cheerios	Bread	Bananas		
PM Snack	Cottage Cheese						
	Infant & Toddlers						
	Whole Grain	Hard Boiled Egg	Oranges &	Hummus & Pita	Cheerios &		
	Cracker & 100%	& Cheerios	Cheerios	Bread	Bananas		
	Pineapple Juice						

March 27 <sup>th</sup> – 31 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Multi-Grain	Cooking	Graham	Apples & Wheat	Pita Bread &		
	Rice Crackers	Scrambled Eggs	Crackers & Milk	English Muffin	Fresh Fruit		
AM Snack	&	& Oranges					
	Fresh Fruit						
	Infant & Toddlers						
	Multi-Grain	Cooking	Graham	Apples & Wheat	Pita Bread &		
	Rice Crackers	Scrambled Eggs	Crackers &	English Muffin	Fresh Fruit		
	&	& Oranges	Milk				
	Fresh Fruit						
	Fish Sticks	Mac n 'Cheese	Chicken	"Make Your	Minestrone Soup		
	"Tater Tots"	Mixed	Quesadillas,	Own Tacos"	Pears & Milk		
Lunch	Green Beans	Vegetables	Peas	(Lettuce,			
	Melon & Milk	Apples & Milk	Oranges & Milk	tomatoes, cheese			
				and beef), Pears			
				& Milk			
	Preschool						
	Cheese &	Yogurt & Whole	Banana, Oats	Herb Greek	Hummus &		
	Cheerios	Grain Crackers	and Milk	Yogurt Dip &	Carrot Sticks		
PM Snack			Smoothie	Cucumber Slices			
			<b>Infant &amp; Toddlers</b>				
	Cheese &	Yogurt & Whole	Banana, Oats	Herb Greek	Hummus &		
	Cheerios	Grain Crackers	and Milk	Yogurt Dip &	Carrots Sticks		
			Smoothie	Cucumber Slices			

### Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily Menu Subject to Change

April 3 <sup>rd</sup> - 7 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Multi-Grain	Oranges &	Bagel,	Cooking	Yogurt & Fresh		
	Rice Crackers &	Wheat English	Cream Cheese	Toast with	Fruit		
AM Snack	Fresh Fruit	Muffin	& 100% Orange	Butter &			
			Juice	Fresh Fruit			
			<b>Infant &amp; Toddlers</b>				
	Multi-Grain	Oranges &	Bagel,		Yogurt & Fresh		
	Rice Crackers &	Wheat English	Cream Cheese	Strips of Bread	Fruit		
	Fresh Fruit	Muffin	& 100% Orange	& Fresh Fruit			
			Juice				
	Turkey and	Split Pea Soup	Baked Chicken,	Pizza, Salad,	Spaghetti with		
Lunch	Cheese	with carrots,	Brown Rice,	Apples & Milk	Meat Sauce,		
	Sandwich,	Apples & Milk	Mixed Veggies,		Peas, Apples &		
	Carrots, Melon		Oranges & Milk		Milk		
	& Milk						
	Preschool						
	Cheese Cubes &	Graham	Hummus & Pita	Cheerios &	Carrots sticks &		
	Pretzels	Crackers	Bread	Bananas	Herb Greek		
PM Snack		&			Yogurt Dip		
		Melon					
	Infant & Toddlers						
	Cheese Cubes &	Graham	Hummus & Pita	Cheerios &	Carrots sticks &		
	Whole Grain	Crackers	Bread	Bananas	Herb Greek		
	Crackers	&			Yogurt Dip		
		Melon					

April 10 <sup>th</sup> -14 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Cereal	Hummus &	Cooking	Cheerios &	Graham	
	&	Carrots	Oatmeal & Milk	Pears	Crackers	
AM Snack	100% Juice				& Fresh Fruit	
			<b>Infant &amp; Toddlers</b>			
	Cereal	Hummus &	Cooking	Cheerios &	Graham	
	&	Carrots	Oatmeal & Milk	Pears	Crackers	
	100% Juice				& Fresh Fruit	
	Chicken	Meat Loaf	Lentil Soup,	BBQ Chicken,	Macaroni &	
Lunch	Nuggets	Brown Rice	Carrots, Tortilla,	Mashed	Beef,	
	"Tater Tots"	Green Beans	Melon & Milk	Potatoes,	Peas,	
	Carrots, Fresh	Melon		Mixed	Apples	
	Fruit & Milk	& Milk		Vegetables,	& Milk	
				Pears		
				& Milk		
	Preschool					
	Whole Grain	Wheat English	Greek Yogurt	Banana & Milk	Pretzels &	
	Crackers &	Muffin & Cream	Cinnamon Dip		Cheese	
PM Snack	Oranges	Cheese	& Apples			
			Infant & Toddlers			
	Whole Grain	Wheat English	Greek Yogurt	Banana & Milk	Whole Grain	
	Crackers &	Muffin & Cream	Cinnamon Dip		Crackers &	
	Oranges	Cheese	& Apples		Cheese	

### **Edgewater Preschool**

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Weekly Snack & Lunch Menu

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily Menu Subject to Change