Weekly Snack & Lunch Menu

2/4-2/8	Monday	Tuesday	Wednesday	Thursday	Friday			
			Preschool					
	Whole Grain	Cheerios &	Cinnamon	Hummus &	Cooking			
	Cracker & Fruit	Pears	Greek Yogurt	Celery Sticks	Waffles & Milk			
AM Snack			Dip & Apples					
		Toddlers						
	Whole Grain	Cheerios &	Cinnamon Greek	Hummus &				
	Cracker & Fruit	Pears	Yogurt Dip &	Broccoli	Waffles & Milk			
			Apples					
	Split Pea Soup	Cucumber and	Spaghetti with	Chicken,	Creamy Tomato			
Lunch	with Carrots,	Cream Cheese	Meat Sauce &	Veggies and	Chicken,			
	Tortilla,	Sandwich,	Peas, Fruit	Rice Soup,	Vegetable &			
	Melon & Milk	Apples & Milk	& Milk	Oranges & Milk	Penne Pasta			
					Casserole, Pears			
					& Milk			
	Preschool							
	Cheese Cubes &	Fruit & Pita	Oranges &	Yogurt & Melon	Pretzels			
	Pears	Bread	Multi-Grain		& Bananas			
PM Snack			Rice Crackers					
	Toddlers							
	Cheese Cubes &	Fruit & Pita	Oranges &	Yogurt & Melon	Graham			
	Pears	Bread	Multi-Grain		Crackers			
			Wheat Crackers		& Bananas			

2/11-2/15	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Whole Grain	Cube Cheese &	English Muffin	Cooking	Graham		
	Crackers & Fruit	Pita Bread	& Yogurt	Scrambled Eggs	Crackers &		
AM Snack				& Milk	Bananas		
			Toddlers				
	Whole Grain	Cube Cheese &	English Muffin		Graham		
	Crackers & Fruit	Pita Bread	& Yogurt	Scrambled Eggs	Crackers &		
				& Milk	Bananas		
	Grilled Cheese	Chicken, Penne	Vegetable, Beef	Broccoli with	Chicken Stir Fry		
Lunch	Sandwich with	Pasta and	& Rice/Quinoa	Beef & Quinoa	Vegetables with		
	Spinach,	Vegetables	Soup,	& Brown Rice,	Quinoa &		
	Apples & Milk	Casserole,	Fruit & Milk	Melon	Brown Rice,		
		Oranges & Milk		& Milk	Pears & Milk		
			Preschool				
	Chex Cereal &	Graham	Apples &	Berries, Banana	Hummus &		
	100% Grape	Crackers &	Pretzels	and Milk	Carrots		
PM Snack	Juice	Pears		Smoothie			
				w/Oats			
	Toddlers						
	Chex Cereal &	Graham	Apples & Cereal	Berries, Banana	Hummus &		
	Cottage Cheese	Crackers &		and Milk	Carrots		
		Cottage Cheese		Smoothie			
				w/Oats			

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>

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Weekly Snack & Lunch Menu

2/18-2/22	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
	CLOSED	Graham	Cucumber Slices	Bagels with	Pita Bread &		
		Crackers	&	Cream Cheese &	Apples		
AM Snack		& Apples	Hummus	100% Orange			
				Juice			
			Toddlers				
	CLOSED	Graham	Cucumber Slices	Bagels with	Pita Bread &		
		Crackers	&	Cream Cheese &	Apples		
		& Apples	Hummus	100% Orange			
				Juice			
	CLOSED	Chicken	Chicken Quinoa	Teriyaki	Meat Lasagna,		
Lunch		Nuggets,	& Veggie Soup,	Chicken,	Pears		
		Sautéed	Fruit	Brown Rice,	& Milk		
		Broccoli, Wheat	& Milk	Green Beans,			
		Bread, Oranges		Melon & Milk			
		& Milk					
			Preschool				
	CLOSED	Kix Cereal	Wheat English	Multi-Grain	Yogurt		
		& Fruit	Muffin	Rice Crackers	& Fruit		
PM Snack			& Apples	& Bananas			
			Toddlers	I			
	CLOSED	Kix Cereal	Wheat English	Multi-Grain	Yogurt		
		&	Muffin	Crackers	&		
		Fruit	& Apples	& Bananas	Fruit		

2/25-3/1	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
	Multi-Grain	Hummus &	Cooking	Cheese Cubes &	Graham		
	Cheerios	Carrots	Quesadilla	Apples	Crackers & Milk		
AM Snack	& 100% Juice						
			Toddlers				
	Multi-Grain	Hummus &		Cheese Cubes &	Graham		
	Cheerios	Carrots	Quesadilla	Apples	Crackers		
	&				& Milk		
	100% Juice						
	Lentil Soup with	Baked Chicken,	Ground Beef	Vegetable, Beef	Mac & Cheese,		
	Carrots, Tortilla,	Mashed	with Broccoli &	and Rice/Quinoa	Peas & Carrots,		
Lunch	Pears & Milk	Potatoes, Green	Quinoa &	Soup, Oranges	Melon & Milk		
		Beans, Fruit &	Brown Rice,	& Milk			
		Milk	Apples & Milk				
	Preschool						
	Apples	Pita Bread	Whole Grain	Cheerios &	Wheat English		
	&	With Cream	Crackers	Bananas	Muffin		
PM Snack	Cube Cheese	Cheese	&		&		
			Oranges		Pears		
	Toddlers						
	Apples	Pita Bread	Whole Grain	Cheerios &	Wheat English		
	&	With Cream	Crackers	Bananas	Muffin		
	Cube Cheese	Cheese	&		&		
			Oranges		Pears		

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>

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Weekly Snack & Lu	Inch Menu
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3/4-3/8	Monday	Tuesday	Wednesday	Thursday	Friday	
		· · ·	Preschool		•	
	Chex Cereal &	Hummus & Pita	Herb Greek	Milk & Kix	Cooking	
	Apples	Bread	Yogurt Dip &	Cereal	Tortilla with	
AM Snack			Carrots		Butter & Milk	
			Toddlers			
	Chex Cereal &	Hummus & Pita	Herb Greek	Milk & Kix	Tortilla with	
	Apples	Bread	Yogurt Dip &	Cereal	Butter & Milk	
			Carrots			
	Turkey &	Baked Chicken,	"Chili Con	Pizza,	Chicken,	
	Spinach Grilled	Brown Rice with	Carne" Broccoli,	Salad with	Vegetables and	
Lunch	Cheese	Peas, Fruit &	Apples & Milk	Yogurt Dressing,	Quinoa &	
	Sandwich, Pears	Milk		Oranges & Milk	Brown Rice	
	& Milk				Casserole	
					Melon & Milk	
			Preschool			
	Whole Grain	Cube Cheese &	Oranges &	Graham	Pretzels &	
	Cracker & 100%	Pears	Multi-Grain	Crackers	Bananas	
PM Snack	Pineapple Juice		Cheerios	& Fruit		
	Toddlers					
	Whole Grain	Cottage Cheese	Oranges &	Graham	Cheerios &	
	Cracker &	& Pears	Multi-Grain	Crackers	Bananas	
	Cottage Cheese		Cheerios	& Fruit		

3/11-3/15	Monday	Tuesday	Wednesday	Thursday	Friday			
	Preschool							
	Graham	Multi-Grain	Apples & Wheat	Cooking	Pita Bread &			
	Crackers & Milk	Crackers &	English Muffin	Scrambled Eggs	Bananas			
AM Snack		Fruit		& Oranges				
	Toddlers							
	Graham	Multi-Grain	Apples & Wheat	Scrambled Eggs	Pita Bread &			
	Crackers &	Crackers &	English Muffin	& Oranges	Bananas			
	Milk	Fruit	-	_				
	Fish Sticks	Mac n 'Cheese	Beef & Broccoli	Chicken,	Spaghetti, Meat			
	Celery Sticks	Green Beans	Quesadillas,	Vegetable &	Spagnetti, Meat Sauce with Peas.			
Lunch	with Yogurt Dip,	Apples & Milk	Oranges & Milk	Quinoa Soup,	Pears & Milk			
Lunch	Wheat Bread	Apples & Milk	Oraliges & Willk	Fruit & Milk				
	Melon & Milk			Fiult & WIIK				
	Preschool							
	Cheese &	Hummus &	Berries, Banana,	Herb Greek	Yogurt & Whole			
	Cheerios	Carrot Sticks	Oats and Milk	Yogurt Dip &	Grain Crackers			
PM Snack			Smoothie	Cucumber Slices				
	Toddlers							
	Cheese &	Hummus &	Berries, Banana,	Herb Greek	Yogurt & Whole			
	Cheerios	Carrots Sticks	Oats and Milk	Yogurt Dip &	Grain Crackers			
			Smoothie	Cucumber Slices				

# Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>

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Weekly Snack & Lunch Menu

3/18-3/22	Monday	Tuesday	Wednesday	Thursday	Friday		
		· · · · ·	Preschool	· · · ·	•		
	Multi-Grain	Oranges &	Bagel,	Cooking	Yogurt & Fruit		
	Rice Crackers &	Wheat English	Cream Cheese	Toast with	-		
AM Snack	Melon	Muffin	& 100% Orange	Butter &			
			Juice	Pears			
			Toddlers				
	Multi-Grain	Oranges &	Bagel,	Toast with	Yogurt & Fruit		
	Crackers &	Wheat English	Cream Cheese	Butter &	-		
	Melon	Muffin	& 100% Orange	Pears			
			Juice				
	Turkey and	Split Pea Soup	Baked Chicken,	Chicken Stir Fry	Pizza, Salad		
Lunch	Cheese	with Carrots,	Mashed	Vegetables with	with Yogurt		
	Sandwich,	Pears & Milk	Potatoes, Mixed	Spaghetti	Dressing,		
	Carrots with		Veggies, Melon	Noodles, Fruit &	Oranges & Milk		
	Yogurt Dip,		& Milk	Milk			
	Apples & Milk						
		Preschool					
	Graham	Cheese Cubes &	Hummus & Pita	Chex Cereal &	Pretzels & Pears		
	Crackers	Pretzels	Bread	Bananas			
PM Snack	& Oranges						
	Toddlers						
	Graham	Cheese Cubes &	Hummus & Pita	Chex Cereal &	Wheat Crackers		
	Crackers	Whole Grain	Bread	Bananas	& Pears		
	& Oranges	Crackers					

3/25-3/29	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
	Kix Cereal	Hummus &	Cooking	Multi-Grain	Graham		
	&	Celery Sticks	Oatmeal & Milk	Cheerios &	Crackers		
AM Snack	100% Juice			Pears	& Fruit		
			Toddlers				
	Kix Cereal	Hummus &		Multi-Grain	Graham		
	&	Broccoli	Oatmeal & Milk	Cheerios &	Crackers		
	Cottage Cheese			Cottage Cheese	& Fruit		
	Chicken	Lentil Soup with	Meat Loaf	BBQ Chicken,	Penne Pasta,		
Lunch	Nuggets,	Carrots, Tortilla,	Brown Rice with	Mashed	Beef, Peas with		
	Celery Sticks	Pears & Milk	Broccoli, Melon	Potatoes,	Tomato Sauce,		
	with Yogurt Dip,		& Milk	Mixed	Apples		
	Wheat Bread			Vegetables,	& Milk		
	Fruit & Milk			Oranges & Milk			
	Preschool						
	Whole Grain	Wheat English	Greek Yogurt	Banana & Milk	Pretzels &		
	Crackers &	Muffin & Cream	Cinnamon Dip		Cheese		
PM Snack	Oranges	Cheese	& Apples				
	Toddlers						
	Whole Grain	Wheat English	Greek Yogurt	Banana & Milk	Whole Grain		
	Crackers &	Muffin & Cream	Cinnamon Dip		Crackers &		
	Oranges	Cheese	& Apples		Cheese		

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