Weekly Snack & Lunch Menu

April 27 th -May 1 st	Monday	Tuesday	Wednesday	Thursday	Friday			
			Preschool					
	Whole Grain	Cheerios &	Cinnamon	Hummus &	Cooking			
	Cracker & Fruit	Pears	Greek Yogurt	Carrots	Waffles & Milk			
AM Snack			Dip & Apples					
		Toddlers						
	Whole Grain	Cheerios &	Cinnamon Greek	Hummus &				
	Cracker & Fruit	Pears	Yogurt Dip &	Carrots	Waffles & Milk			
			Apples					
	Split Pea Soup	Cucumber and	Spaghetti with	Chicken,	Creamy Tomato			
Lunch	with Carrots,	Cream Cheese	Meat Sauce &	Veggies and	Chicken,			
	Tortilla,	Sandwich,	Peas, Fruit	Rice Soup,	Vegetable &			
	Melon & Milk	Apples & Milk	& Milk	Oranges & Milk	Penne Pasta			
					Casserole, Pears			
					& Milk			
	Preschool							
	Cheese Cubes &	Fruit & Pita	Oranges &	Yogurt & Melon	Pretzels			
	Pears	Bread	Multi-Grain		& Bananas			
PM Snack			Rice Crackers					
			Toddlers					
	Cheese Cubes &	Fruit & Pita	Oranges &	Yogurt & Melon	Graham			
	Pears	Bread	Multi-Grain		Crackers			
			Wheat Crackers		& Bananas			

May 4 th -May 8 th	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Whole Grain	Cube Cheese &	English Muffin	Cooking	Graham		
	Crackers & Fruit	Pita Bread	& Yogurt	Scrambled Eggs	Crackers &		
AM Snack				& Milk	Bananas		
			Toddlers				
	Whole Grain	Cube Cheese &	English Muffin		Graham		
	Crackers & Fruit	Pita Bread	& Yogurt	Scrambled Eggs	Crackers &		
				& Milk	Bananas		
	Grilled Cheese	Chicken, Penne	Vegetable, Beef	Broccoli with	Chicken Stir Fry		
Lunch	Sandwich with	Pasta and	& Rice/Quinoa	Beef & Quinoa	Vegetables with		
	Spinach,	Vegetables	Soup,	& Brown Rice,	Quinoa &		
	Apples & Milk	Casserole,	Fruit & Milk	Melon	Brown Rice,		
		Oranges & Milk		& Milk	Pears & Milk		
	Preschool						
	Chex Cereal &	Graham	Apples &	Berries, Banana	Hummus &		
	100% Grape	Crackers &	Pretzels	and Milk	Carrots		
PM Snack	Juice	Pears		Smoothie			
				w/Oats			
	Toddlers						
	Chex Cereal &	Graham	Apples & Cereal	Berries, Banana	Hummus &		
	Milk	Crackers &		and Milk	Carrots		
		Pears		Smoothie			
				w/Oats			

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Weekly Snack & Lunch Menu

May 11 th -May 15 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Graham	Cooking	Cucumber Slices	Bagels with	Pita Bread &	
	Crackers	Pancakes &	&	Cream Cheese &	Apples	
AM Snack	& Apples	Milk	Hummus	100% Orange		
				Juice		
			Toddlers			
	Graham		Cucumber Slices	Bagels with	Pita Bread &	
	Crackers	Waffles & Milk	&	Cream Cheese &	Apples	
	&		Hummus	100% Orange		
	Apples			Juice		
	Chicken	Quesadillas with	Chicken Quinoa	Teriyaki	Meat Lasagna,	
Lunch	Nuggets,	Spinach,	& Veggie Soup,	Chicken,	Veggies, Pears	
	Sautéed	Apples & Milk	Fruit	Brown Rice,	& Milk	
	Broccoli, Wheat		& Milk	Green Beans,		
	Bread, Oranges			Melon & Milk		
	& Milk					
			Preschool			
	Kix Cereal	Cube Cheese &	Wheat English	Multi-Grain	Yogurt	
	& Fruit	Pretzels	Muffin	Rice Crackers	& Fruit	
PM Snack			& Apples	& Bananas		
	Toddlers					
	Kix Cereal	Cube Cheese &	Wheat English	Multi-Grain	Yogurt	
	&	Whole Grain	Muffin	Crackers	&	
	Fruit	Cracker	& Apples	& Bananas	Fruit	

May 18 th -May 22 nd	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Multi-Grain	Hummus &	Cooking	Cheese Cubes &	Graham	
	Cheerios	Carrots	Quesadilla	Apples	Crackers & Milk	
AM Snack	& 100% Juice					
			Toddlers			
	Multi-Grain	Hummus &		Cheese Cubes &	Graham	
	Cheerios	Carrots	Quesadilla	Apples	Crackers	
	&				& Milk	
	100% Juice					
	Mac & Cheese,	Baked Chicken,	Lentil Soup with	Ground Beef	Vegetable, Beef	
	Peas & Carrots,	Mashed	Carrots, Tortilla,	with Broccoli &	and Rice/Quinoa	
Lunch	Melon & Milk	Potatoes, Green	Pears & Milk	Quinoa &	Soup, Oranges	
		Beans, Fruit &		Brown Rice,	& Milk	
		Milk		Apples & Milk		
	Preschool					
	Apples	Pita Bread	Whole Grain	Cheerios &	Wheat English	
	&	With Cream	Crackers	Bananas	Muffin	
PM Snack	Cube Cheese	Cheese	&		&	
			Oranges		Pears	
	Toddlers					
	Apples	Pita Bread	Whole Grain	Cheerios &	Wheat English	
	&	With Cream	Crackers	Bananas	Muffin	
	Cube Cheese	Cheese	&		&	
			Oranges		Pears	

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Weekly Snack & Lunch Menu

May 25 th -May 29 th	Monday	Tuesday	Wednesday	Thursday	Friday			
			Preschool					
	School Closed	Hummus & Pita	Herb Greek	Milk & Kix	Cooking			
		Bread	Yogurt Dip &	Cereal	Tortilla with			
AM Snack			Carrots		Butter & Milk			
			Toddlers		Cooking Tortilla with			
	School Closed	Hummus & Pita	Herb Greek	Milk & Kix	Tortilla with			
		Bread	Yogurt Dip &	Cereal	Butter & Milk			
			Carrots					
	School	Turkey &	"Chili Con	Pizza,	Chicken,			
	Closed	Spinach Grilled	Carne" Broccoli,	Salad with	Vegetables and			
Lunch		Cheese	Apples & Milk	Yogurt Dressing,	Quinoa &			
		Sandwich, Pears		Oranges & Milk	Brown Rice			
		& Milk			Casserole			
					Melon & Milk			
		Preschool						
	School Closed	Cube Cheese &	Oranges &	Graham	Pretzels &			
		Pears	Multi-Grain	Crackers	Bananas			
PM Snack			Cheerios	& Fruit				
	Toddlers							
	School Closed	Cube Cheese &	Oranges &	Graham	Cheerios &			
		Pears	Multi-Grain	Crackers	Bananas			
			Cheerios	& Fruit				

June 1 st -June 5 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Multi-Grain	Graham	Apples & Wheat	Cooking	Pita Bread &	
	Rice Crackers	Crackers & Milk	English Muffin	Scrambled Eggs	Bananas	
AM Snack	&			& Oranges		
	Fruit					
			Toddlers			
	Multi-Grain	Graham	Apples & Wheat	Scrambled Eggs	Pita Bread &	
	Crackers &	Crackers &	English Muffin	& Oranges	Bananas	
	Fruit	Milk				
	Fish Sticks	Mac n 'Cheese	Chicken,	Beef & Broccoli	Spaghetti, Meat	
	Carrots with	Green Beans	Vegetable &	Quesadillas,	Sauce with Peas,	
Lunch	Yogurt Dip,	Apples & Milk	Quinoa Soup,	Oranges & Milk	Pears & Milk	
	Wheat Bread		Fruit & Milk			
	Melon & Milk					
	Preschool					
	Cheese &	Hummus &	Berries, Banana,	Herb Greek	Yogurt & Whole	
	Cheerios	Carrot Sticks	Oats and Milk	Yogurt Dip &	Grain Crackers	
PM Snack			Smoothie	Cucumber Slices		
		T	Toddlers			
	Cheese &	Hummus &	Berries, Banana,	Herb Greek	Yogurt & Whole	
	Cheerios	Carrots Sticks	Oats and Milk	Yogurt Dip &	Grain Crackers	
			Smoothie	Cucumber Slices		

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Weekly Snack & Lunch Menu

June 8 th -June 12 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Multi-Grain	Oranges &	Bagel,	Cooking	Multi-Grain	
	Rice Crackers &	Wheat English	Cream Cheese	Toast with	Cheerios &	
AM Snack	Melon	Muffin	& 100% Orange	Butter &	Pears	
			Juice	Pears		
			Toddlers			
	Multi-Grain	Oranges &	Bagel,	Toast with	Multi-Grain	
	Crackers &	Wheat English	Cream Cheese	Butter &	Cheerios &	
	Melon	Muffin	& 100% Orange	Pears	Pears	
			Juice			
	Turkey and	Baked Chicken,	Split Pea Soup	Chicken Stir Fry	Pizza, Salad	
Lunch	Cheese	Mashed	with Carrots,	Vegetables with	with Yogurt	
	Sandwich,	Potatoes, Mixed	Pears & Milk	Spaghetti	Dressing,	
	Carrots with	Veggies, Melon		Noodles, Fruit &	Oranges & Milk	
	Yogurt Dip,	& Milk		Milk		
	Apples & Milk					
	Preschool					
	Graham	Cheese Cubes &	Hummus & Pita	Chex Cereal &	Pretzels & Pears	
	Crackers	Pretzels	Bread	Bananas		
PM Snack	& Oranges					
	Toddlers					
	Graham	Cheese Cubes &	Hummus & Pita	Chex Cereal &	Wheat Crackers	
	Crackers	Whole Grain	Bread	Bananas	& Pears	
	& Oranges	Crackers				

June 15 th -June 19 th	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Kix Cereal	Hummus &	Cooking	Yogurt & Fruit	Graham		
	&	Cucumbers	Oatmeal & Milk		Crackers		
AM Snack	100% Juice				& Fruit		
	Toddlers						
	Kix Cereal	Hummus &		Yogurt & Fruit	Graham		
	&	Cucumbers	Oatmeal & Milk		Crackers		
	Milk				& Fruit		
	Chicken	Meat Loaf	Lentil Soup with	BBQ Chicken,	Penne Pasta,		
Lunch	Nuggets,	Brown Rice with	Carrots, Tortilla,	Mashed	Beef, Peas with		
	Carrots with	Broccoli, Melon	Pears & Milk	Potatoes,	Tomato Sauce,		
	Yogurt Dip,	& Milk		Mixed	Apples		
	Wheat Bread			Vegetables,	& Milk		
	Fruit & Milk			Oranges & Milk			
	Preschool						
	Whole Grain	Wheat English	Greek Yogurt	Banana & Milk	Pretzels &		
	Crackers &	Muffin & Cream	Cinnamon Dip		Cheese		
PM Snack	Oranges	Cheese	& Apples				
			Toddlers				
	Whole Grain	Wheat English	Greek Yogurt	Banana & Milk	Whole Grain		
	Crackers &	Muffin & Cream	Cinnamon Dip		Crackers &		
	Oranges	Cheese	& Apples		Cheese		

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