

Edgewater Preschool

Weekly Snack & Lunch Menu

Nov. 8 th - Nov. 12 th	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Graham Crackers & Fruit	Cheerios & Pears	Cinnamon Greek Yogurt Dip & Apples	<i>School Closed</i>	Whole Grain Cracker & Fruit
	Toddlers				
	Graham Crackers & Fruit	Cheerios & Pears	Cinnamon Greek Yogurt Dip & Apples	<i>School Closed</i>	Whole Grain Cracker & Fruit
Lunch	Split Pea Soup with Carrots, Tortilla, Melon & Milk	Cucumber and Cream Cheese Sandwich, Apples & Milk	Menu TBD for Friendship Feast: protein, fruit/vegetables, and milk	<i>School Closed</i>	Chicken, Veggies and Rice Soup, Oranges & Milk
PM Snack	Preschool				
	Cheese Cubes & Pears	Fruit & Pita Bread	Oranges & Multi-Grain Rice Crackers	<i>School Closed</i>	Pretzels & Bananas
	Toddlers				
	Cheese Cubes & Pears	Fruit & Pita Bread	Oranges & Multi-Grain Wheat Crackers	<i>School Closed</i>	Graham Crackers & Bananas

Nov. 15 th - Nov. 19 th	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Whole Grain Crackers & Fruit	Cube Cheese & Pita Bread	English Muffin & Yogurt	<i>Cooking</i> Scrambled Eggs & Milk	Graham Crackers & Bananas
	Toddlers				
	Whole Grain Crackers & Fruit	Cube Cheese & Pita Bread	English Muffin & Yogurt	Scrambled Eggs & Milk	Graham Crackers & Bananas
Lunch	Grilled Cheese Sandwich with Spinach, Apples & Milk	Chicken, Penne Pasta and Vegetables Casserole, Oranges & Milk	Vegetable, Beef & Rice/Quinoa Soup, Fruit & Milk	Broccoli with Beef & Quinoa & Brown Rice, Melon & Milk	Chicken Stir Fry Vegetables with Quinoa & Brown Rice, Pears & Milk
PM Snack	Preschool				
	Chex Cereal & 100% Grape Juice	Graham Crackers & Pears	Apples & Pretzels	Berries, Banana and Milk Smoothie w/Oats	Greek Yogurt Dip & Carrots
	Toddlers				
	Chex Cereal & Cottage Cheese	Graham Crackers & Cottage Cheese	Apples & Cereal	Berries, Banana and Milk Smoothie w/Oats	Greek Yogurt Dip & Carrots

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily

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Edgewater Preschool

Weekly Snack & Lunch Menu

Nov. 22 nd - Nov. 26 th	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Graham Crackers & Apples	Cucumber Slices & Herb Greek Yogurt Dip	Pita Bread & Apples	<i>School Closed</i>	<i>School Closed</i>
	Toddlers				
	Graham Crackers & Apples	Cucumber Slices & Herb Greek Yogurt Dip	Pita Bread & Apples	<i>School Closed</i>	<i>School Closed</i>
Lunch	Chicken Nuggets, Slice of Wheat Bread, Sautéed Broccoli, Oranges & Milk	Chicken Quinoa & Veggie Soup, Fruit & Milk	Meat Lasagna, Pears & Milk	<i>School Closed</i>	<i>School Closed</i>
PM Snack	Preschool				
	Kix Cereal & Fruit	Wheat English Muffin & Apples	Multi-Grain Rice Crackers & Bananas	<i>School Closed</i>	<i>School Closed</i>
	Toddlers				
	Kix Cereal & Fruit	Wheat English Muffin & Apples	Multi-Grain Crackers & Bananas	<i>School Closed</i>	<i>School Closed</i>

Nov. 29 th - Dec. 3 rd	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Multi-Grain Cheerios & 100% Juice	Cereal & Fruit	<i>Cooking</i> Quesadilla	Cheese Cubes & Apples	Graham Crackers & Milk
	Toddlers				
	Multi-Grain Cheerios & 100% Juice	Cereal & Fruit	Quesadilla	Cheese Cubes & Apples	Graham Crackers & Milk
Lunch	Lentil Soup with Carrots, Tortilla, Pears & Milk	Baked Chicken, Mashed Potatoes, Green Beans, Fruit & Milk	Ground Beef with Broccoli & Quinoa & Brown Rice, Apples & Milk	Vegetable, Beef and Rice/Quinoa Soup, Oranges & Milk	Mac & Cheese, Peas & Carrots, Melon & Milk
PM Snack	Preschool				
	Apples & Cube Cheese	Pita Bread With Cream Cheese	Whole Grain Crackers & Oranges	Cheerios & Bananas	Wheat English Muffin & Pears
	Toddlers				
	Apples & Cube Cheese	Pita Bread With Cream Cheese	Whole Grain Crackers & Oranges	Cheerios & Bananas	Wheat English Muffin & Pears

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Weekly Snack & Lunch Menu

Dec. 6 th - Dec. 10 th	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Chex Cereal & Apples	Cheese & Crackers	Herb Greek Yogurt Dip & Carrots	Milk & Kix Cereal	<i>Cooking</i> Tortilla with Butter & Milk
	Toddlers				
	Chex Cereal & Apples	Cheese & Crackers	Herb Greek Yogurt Dip & Carrots	Milk & Kix Cereal	Tortilla with Butter & Milk
Lunch	Turkey & Spinach Grilled Cheese Sandwich, Pears & Milk	Baked Chicken, Brown Rice with Peas, Fruit & Milk	“Chili Con Carne” Broccoli, Apples & Milk	Meat Lasagna, with Yogurt Dressing, Oranges & Milk	Chicken, Vegetables and Quinoa & Brown Rice Casserole Melon & Milk
PM Snack	Preschool				
	Whole Grain Cracker & 100% Pineapple Juice	Pretzels & Bananas	Oranges & Multi-Grain Cheerios	Graham Crackers & Fruit	Cube Cheese & Pears
	Toddlers				
	Whole Grain Cracker & Cottage Cheese	Cheerios & Bananas	Oranges & Multi-Grain Cheerios	Graham Crackers & Fruit	Cottage Cheese & Pears

Dec. 13 th - Dec. 17 th	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Multi-Grain Rice Crackers & Fruit	Graham Crackers & Milk	Apples & Wheat English Muffin	<i>Cooking</i> Scrambled Eggs & Oranges	Pita Bread & Bananas
	Toddlers				
	Multi-Grain Crackers & Fruit	Graham Crackers & Milk	Apples & Wheat English Muffin	Scrambled Eggs & Oranges	Pita Bread & Bananas
Lunch	Fish Sticks, Slice of Wheat Bread, Celery Sticks with Yogurt Dip Melon & Milk	Mac n 'Cheese Green Beans Apples & Milk	Beef & Broccoli Quesadillas, Oranges & Milk	Chicken, Vegetable & Quinoa Soup, Fruit & Milk	Spaghetti, Meat Sauce with Peas, Pears & Milk
PM Snack	Preschool				
	Cheese & Cheerios	Cereal & Oranges	Berries, Banana, Oats and Milk Smoothie	Herb Greek Yogurt Dip & Cucumber Slices	Yogurt & Whole Grain Crackers
	Toddlers				
	Cheese & Cheerios	Cereal & Oranges	Berries, Banana, Oats and Milk Smoothie	Herb Greek Yogurt Dip & Cucumber Slices	Yogurt & Whole Grain Crackers

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Weekly Snack & Lunch Menu

Dec. 20 th - Dec. 23 rd	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Multi-Grain Rice Crackers & Melon	Oranges & Wheat English Muffin	Bagel, Cream Cheese & 100% Orange Juice	Yogurt & Fruit	<i>School Closed</i>
	Toddlers				
	Multi-Grain Crackers & Melon	Oranges & Wheat English Muffin	Bagel, Cream Cheese & 100% Orange Juice	Yogurt & Fruit	<i>School Closed</i>
Lunch	Turkey and Cheese Sandwich, Carrots with Yogurt Dip, Apples & Milk	Split Pea Soup with Carrots, Pears & Milk	Chicken, Vegetable & Quinoa Soup, Fruit & Milk	Meat Lasagna, Salad with Yogurt Dressing, Oranges & Milk	<i>School Closed</i>
PM Snack	Preschool				
	Chex Cereal & Bananas	Cheese Cubes & Pretzels	Graham Crackers & Oranges	Pretzels & Pears	<i>School Closed</i>
	Toddlers				
	Chex Cereal & Bananas	Cheese Cubes & Whole Grain Crackers	Graham Crackers & Oranges	Wheat Crackers & Pears	<i>School Closed</i>

Dec. 27 th - Dec. 31 st	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>
	Toddlers				
	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>
Lunch	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>
PM Snack	Preschool				
	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>
	Toddlers				
	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>	<i>School Closed</i>

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