Weekly Snack & Lunch Menu

| April 22 nd – April 26 th | Monday | Tuesday | Wednesday | Thursday | Friday | | |
|---|----------------|---------------|----------------|-----------------|----------------|--|--|
| | | | Preschool | | | | |
| | Wheat Thins & | Cheerios & | Cinnamon | Whole Grain | Cooking | | |
| | Fruit | Pears | Greek Yogurt | Cracker & Fruit | Waffles & Milk | | |
| AM Snack | | | Dip & Apples | | | | |
| | Toddlers | | | | | | |
| | Wheat Thins & | Cheerios & | Cinnamon Greek | Whole Grain | Pancakes & | | |
| | Fruit | Pears | Yogurt Dip & | Cracker & Fruit | Milk | | |
| | | | Apples | | | | |
| | Split Pea Soup | Cucumber and | Spaghetti with | Baked Chicken, | Chicken, | | |
| Lunch | with Carrots, | Cream Cheese | Meat Sauce & | Brown Rice, | Veggies and | | |
| | Tortilla, | Sandwich, | Peas, Oranges | Green Beans, | Rice Soup, | | |
| | Melon & Milk | Apples & Milk | & Milk | Melon & Milk | Oranges & Milk | | |
| | Preschool | | | | | | |
| | Cheese Cubes & | Fruit & Pita | Fruit & Multi- | Yogurt & Melon | Pretzels | | |
| | Pears | Bread | Grain Rice | | & Bananas | | |
| PM Snack | | | Crackers | | | | |
| | Toddlers | | | | | | |
| | Cheese Cubes & | Fruit & Pita | Fruit & Multi- | Yogurt & Melon | Cheerios | | |
| | Pears | Bread | Grain Wheat | | & Bananas | | |
| | | | Crackers | | | | |

| April 29 th – May 3 rd | Monday | Tuesday | Wednesday | Thursday | Friday | |
|--|------------------|------------------|-----------------|--------------------------|----------------|--|
| | | | Preschool | | | |
| | Whole Grain | Cube Cheese & | English Muffin | Cooking | Chex cereal & | |
| AM Snack | Crackers & Fruit | Pita Bread | & Yogurt | Scrambled Eggs & Milk | Bananas | |
| | | | Toddlers | | | |
| | Whole Grain | Cube Cheese & | English Muffin | Cheerios & Milk | Chex cereal & | |
| | Crackers & Fruit | Pita Bread | & Yogurt | | Bananas | |
| | | | | | | |
| | Grilled Cheese | Creamy Tomato | Chicken, | Broccoli with | "Chili Con | |
| Lunch | Sandwich with | Chicken, | Vegetable, & | Beef & Quinoa | Carne," | |
| | Spinach, | Vegetable & | Rice/Quinoa | & Brown Rice, | Broccoli, | |
| | Apples & Milk | Penne Pasta | Soup, | Melon | Oranges & Milk | |
| | | Casserole, Pears | Fruit & Milk | & Milk | | |
| | | & Milk | | | | |
| | Preschool | | | | | |
| | Chex Cereal & | Wheat Thins & | Apples & | Berries, Banana | Greek Yogurt | |
| | 100% Grape | Pears | Pretzels | and Milk | Dip & Carrots | |
| PM Snack | Juice | | | Smoothie | | |
| | | | | w/Oats | | |
| | | | Toddlers | | | |
| | Chex Cereal & | Wheat Thins & | Apples & Cereal | Berries, Banana | Greek Yogurt | |
| | Cottage Cheese | Cottage Cheese | | and Milk | Dip & Carrots | |
| | | | | Smoothie | | |
| | | | | w/Oats | | |

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>

| May 6 th – May 10 th | Monday | Tuesday | Wednesday | Thursday | Friday | |
|--|-----------------|------------------|-----------------|----------------|---------------|--|
| | | | Preschool | | | |
| | Wheat Thins | Cooking | Cucumber Slices | Bagels with | Pita Bread & | |
| | & Apples | Pancakes & | & | Cream Cheese & | Apples | |
| AM Snack | | Milk | Herb Greek | Fresh Fruit | | |
| | | | Yogurt Dip | | | |
| | | | Toddlers | | | |
| | Wheat Thins | | Cucumber Slices | Bagels with | Pita Bread & | |
| | & | Pancakes & | & | Cream Cheese & | Apples | |
| | Apples | Milk | Herb Greek | Fresh Fruit | | |
| | | | Yogurt Dip | | | |
| | Chicken | Quesadillas with | Chicken Quinoa | Baked Chicken, | Meat Lasagna, | |
| Lunch | Nuggets, Slice | Spinach, | & Veggie Soup, | Brown Rice, | Pears | |
| | of Wheat Bread, | Apples & Milk | Fruit | Green Beans, | & Milk | |
| | Sautéed | | & Milk | Melon & Milk | | |
| | Broccoli, | | | | | |
| | Oranges & Milk | | | | | |
| | Preschool | | | | | |
| | Kix Cereal | Cube Cheese & | Wheat English | Multi-Grain | Yogurt | |
| | & Fruit | Pretzels | Muffin | Rice Crackers | & Fruit | |
| PM Snack | | | & Apples | & Bananas | | |
| | | Toddlers | | | | |
| | Kix Cereal | Cube Cheese & | Wheat English | Multi-Grain | Yogurt | |
| | & | Whole Grain | Muffin | Crackers | & | |
| | Fruit | Cracker | & Apples | & Bananas | Fruit | |

Weekly Snack & Lunch Menu

| May 13 th – May 17 th | Monday | Tuesday | Wednesday | Thursday | Friday | | |
|---|--------------------|-----------------|-----------------|-----------------|-----------------|--|--|
| | | Preschool | | | | | |
| | Cheerios | Cereal & Fruit | Cooking | Cheese Cubes & | Wheat Thins & | | |
| | & Fresh Fruit | | Quesadilla | Apples | Milk | | |
| AM Snack | Toddlers | | | | | | |
| | Cheerios | Cereal & Fruit | | Cheese Cubes & | Wheat Thins | | |
| | Fresh Fruit | | Quesadilla | Apples | & Milk | | |
| | | | | | | | |
| | Lentil Soup with | Baked Chicken, | Ground Beef | Vegetable, Beef | Mac & Cheese, | | |
| | Carrots, Tortilla, | Mashed | with Broccoli & | and Rice/Quinoa | Peas & Carrots, | | |
| Lunch | Pears & Milk | Potatoes, Green | Quinoa & | Soup, Oranges | Melon & Milk | | |
| | | Beans, Fruit & | Brown Rice, | & Milk | | | |
| | | Milk | Oranges & Milk | | | | |
| | | Preschool | | | | | |
| | Apples | Pita Bread | Whole Grain | Cheerios & | Wheat English | | |
| | & | With Cream | Crackers | Bananas | Muffin | | |
| PM Snack | Cube Cheese | Cheese | & | | & | | |
| | | | Apples | | Pears | | |
| | | Toddlers | | | | | |
| | Apples | Pita Bread | Whole Grain | Cheerios & | Wheat English | | |
| | & | With Cream | Crackers | Bananas | Muffin | | |
| | Cube Cheese | Cheese | & | | & | | |
| | | | Apples | | Pears | | |

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>

| Weekly Shock & Lonch Meno | | | | | | | |
|---|-----------------|-----------------|-------------------|----------------|---|--|--|
| May 20 th – May 24 th | Monday | Tuesday | Wednesday | Thursday | Friday | | |
| | | | Preschool | | | | |
| | Chex Cereal & | Cheese & | Herb Greek | Milk & Kix | Cooking | | |
| | Apples | Crackers | Yogurt Dip & | Cereal | Tortilla with | | |
| AM Snack | | | Carrots | | Butter & Milk | | |
| | | | Infant & Toddlers | | Tortilla with Butter & Milk Tortilla with Butter & Milk a, Chicken, lk Vegetables and Quinoa & Brown Rice Casserole Melon & Milk | | |
| | Chex Cereal & | Cheese & | Herb Greek | Milk & Kix | Tortilla with | | |
| | Apples | Crackers | Yogurt Dip & | Cereal | Butter & Milk | | |
| | | | Carrots | | | | |
| | Turkey & | Baked Chicken, | "Chili Con | Meat Lasagna, | Chicken, | | |
| | Spinach Grilled | Brown Rice with | Carne" Broccoli, | Oranges & Milk | Vegetables and | | |
| Lunch | Cheese | Peas, Pears & | Oranges & Milk | | Quinoa & | | |
| | Sandwich, Fruit | Milk | | | Brown Rice | | |
| | & Milk | | | | Casserole | | |
| | | | | | Melon & Milk | | |
| | Preschool | | | | | | |
| | Whole Grain | Pretzels & | Apples & | Wheat Thins | Cube Cheese & | | |
| | Cracker & 100% | Bananas | Cheerios | & Fruit | Pears | | |
| PM Snack | Pineapple Juice | | | | | | |
| | | | Toddlers | | | | |
| | Whole Grain | Cheerios & | Apples & | Wheat Thins | Cottage Cheese | | |
| | Cracker & | Bananas | Cheerios | & Fruit | & Pears | | |
| | Cottage Cheese | | | | | | |

Weekly Snack & Lunch Menu

| May 27 th – May 31st | Monday | Tuesday | Wednesday | Thursday | Friday | |
|---------------------------------|-----------|------------------------------|------------------------------|-----------------------------|----------------------------------|--|
| | | _ | Preschool | | | |
| | | Chex Cereal & | Apples & Wheat | Cooking | Pita Bread & | |
| | School | Milk | English Muffin | Scrambled Eggs | Bananas | |
| AM Snack | Closed | | | & Milk | | |
| | | | Toddlers | | | |
| | | Chex Cereal & | Apples & Wheat | Cheerios | Pita Bread & | |
| | School | Milk | English Muffin | & Milk | Bananas | |
| | Closed | | | | | |
| | | | | C1 : 1 | | |
| | School | Mac n 'Cheese Green Beans | Beef & Broccoli | Chicken, | Spaghetti, Meat | |
| Lunch | Closed | Oranges & Milk | Quesadillas, Pears & Milk | Vegetable & Quinoa Soup, | Sauce with Peas, Pears & Milk | |
| Lunch | Closed | Oraliges & Wilk | | Oranges & Milk | | |
| | | | | oranges & whik | | |
| | Preschool | | | | | |
| | | Cereal & Apples | Berries, Banana, | Herb Greek | Yogurt & Whole | |
| | School | | Oats and Milk | Yogurt Dip & | Grain Crackers | |
| PM Snack | Closed | | Smoothie | Cucumber Slices | | |
| | Toddlers | | | | | |
| | | Cereal & Apples | Berries, Banana, | Herb Greek | Yogurt & Whole | |
| | School | | Oats and Milk | Yogurt Dip & | Grain Crackers | |
| | Closed | | Smoothie | Cucumber Slices | | |
| | | | | | | |

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>

| | | KIY JIIUCK Q | | | |
|---|-----------------|----------------|-------------------|----------------|------------------|
| June 3 rd – June 7 th | Monday | Tuesday | Wednesday | Thursday | Friday |
| | | | Preschool | | - |
| | Multi-Grain | Pears & Wheat | Bagel, | Cooking | Yogurt & Fruit |
| | Rice Crackers & | English Muffin | Cream Cheese | Toast with | |
| AM Snack | Melon | | & Fresh Fruit | Butter & | |
| | | | | Pears | |
| | | | Toddlers | | |
| | Multi-Grain | Pears & Wheat | Bagel, | Toast with | Yogurt & Fruit |
| | Crackers & | English Muffin | Cream Cheese | Butter & | |
| | Melon | | & Fresh Fruit | Pears | |
| | | ~ | | | |
| | Turkey and | Split Pea Soup | Baked Chicken, | "Chili Con | Meat Lasagna, |
| Lunch | Cheese | with Carrots, | Mashed | Carne," | Oranges & Milk |
| | Sandwich, | Pears & Milk | Potatoes, Mixed | Broccoli, | |
| | Carrots with | | Veggies, Melon | Oranges & Milk | |
| | Yogurt Dip, | | & Milk | | |
| | Apples & Milk | | | | |
| | | | Preschool | | |
| | Chex Cereal & | Cheese Cubes & | Wheat Thins | Herb Greek | Pretzels & Pears |
| | Bananas | Pretzels | & Fruit | Yogurt Dip & | |
| PM Snack | | | | Carrots | |
| | | | Infant & Toddlers | | |
| | Chex Cereal & | Cheese Cubes & | Wheat Thins | Herb Greek | Wheat Crackers |
| | Bananas | Whole Grain | & Fruit | Yogurt Dip & | & Pears |
| | | Crackers | | Carrots | |
| | | | | | |

Weekly Snack & Lunch Menu

| June 10th – June 14 th | Monday | Tuesday | Wednesday | Thursday | Friday | |
|-----------------------------------|------------------|--------------------|------------------------------|----------------|-----------------|--|
| | | | Preschool | | | |
| | Kix Cereal | Cheerios & | Cooking | Cereal | Wheat Thins | |
| | & | Apples | Oatmeal & Milk | & Pears | & Fruit | |
| AM Snack | Fresh Fruit | | | | | |
| | | | Toddlers | | | |
| | Kix Cereal | Cheerios & | | Cereal | Wheat Thins | |
| | & | Apples | Oatmeal & Milk | & Pears | & Fruit | |
| | Cottage Cheese | | | | | |
| | Chicken | Lentil Soup with | Meat Loaf | Baked Chicken, | Penne Pasta, | |
| Lunch | Nuggets, Slice | Carrots, Tortilla, | Brown Rice with | Mashed | Beef, Peas with | |
| | of Wheat Bread, | Pears & Milk | Broccoli, Melon | Potatoes, | Tomato Sauce, | |
| | Celery Sticks | | & Milk | Mixed | Apples | |
| | with Yogurt Dip, | | | Vegetables, | & Milk | |
| | Oranges & Milk | | | Oranges & Milk | | |
| | Preschool | | | | | |
| | Whole Grain | Wheat English | Greek Yogurt | Banana & Milk | Pretzels & | |
| | Crackers & Fruit | Muffin & Cream | Cinnamon Dip | | Cheese | |
| PM Snack | | Cheese | & Apples | | | |
| | | | Infant & Toddlers | | | |
| | Whole Grain | Wheat English | Greek Yogurt | Banana & Milk | Whole Grain | |
| | Crackers & Fruit | Muffin & Cream | Cinnamon Dip | | Crackers & | |
| | | Cheese | & Apples | | Cheese | |

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>